

# THE NEWMAN GUIDE

2025 - 2026



The Cardinal Newman Society's

**THE  
NEWMAN  
GUIDE  
2025 - 2026**

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Promoting and Defending Faithful Catholic Education

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The Cardinal Newman Society has produced The Newman Guide since 2007, advancing our mission of promoting and defending faithful Catholic education.

After many years of recognizing undergraduate colleges, we are excited with this edition to identify the first elementary and secondary schools and graduate programs to be Newman Guide Recommended. Watch our website at [CardinalNewmanSociety.org](http://CardinalNewmanSociety.org) as we rapidly expand these recommendations, providing Catholic families many worthy options for lifelong Catholic formation in faith and reason.



# Your Guide to Faithful Catholic Education

The Newman Guide seal is the hallmark of faithful Catholic education.

In 2007, Pope Benedict XVI declared an “educational emergency”: we have failed “to form sound people who can cooperate with others and give their own lives meaning.” Later that same year, The Cardinal Newman Society launched The Newman Guide, helping Catholic families find Catholic education that is fully dedicated to its mission of forming Christians to know and love God.

When an elementary or secondary school, college, or graduate program is recognized in The Newman Guide, you can be confident that it meets our high standards of uncompromised Catholic fidelity and formation in the light of the Catholic faith.

Every Newman Guide Recommended school, college, and graduate program completes a rigorous review and commits to upholding Newman Guide standards.

Our process helps strengthen schools, colleges, and graduate programs better serve their Catholic mission.

Over nearly two decades, The Newman Guide has recommended a growing variety of options for families with varying needs. Explore the options! Newman Guide Recommended education is not all the same. There are few decisions more important than choosing the right education.

See our website for even more information:  
[CardinalNewmanSociety.org](http://CardinalNewmanSociety.org).

**There are few decisions more important than choosing the right education.**

“

God knows me and calls me by my name....  
God has created me to do Him some definite  
service; He has committed some work to me  
which He has not committed to another.

”

*-Saint John Henry Newman, Doctor of the Church  
and Patron of Catholic Education*



# Why Choose Newman Guide Recommended?

Every person has a calling from God—a unique mission that God has entrusted to you and no one else. Education should prepare students for that calling.

**In Catholic education, we want students to:**

- receive grace to hear God's call in a thoughtful environment, fed by prayer and Sacrament;
- answer His call by preparing intellectually and spiritually, with faithful mentors and priests;
- and joyfully live out that calling, well-formed to confidently witness to God in all that they do.

In a world full of doubt, distractions, and confusing messages, it can be difficult for young people to hear God's call. A truly Catholic education brings students of all ages closer to God by study of His creation and cultivation of the mind to better know and love Him.

**A Newman Guide Recommended education helps students at all age levels:**

- grow in faith, virtue, knowledge, and wisdom,
- make good friends while having clean fun,
- prepare for success in any future endeavor,
- and become what God wants them to be!

Such an education prepares students to live a holy and truly fulfilling life, as God intended it.



# How Is Secular Education Different?

Our patron and Doctor of the Church, St. John Henry Newman, said education should be open to all truth—especially God's revelation. If theology is the highest of the sciences, don't students deserve to study it? To know, love, and serve God is the purpose of human life.

Secondly, a secular education cheats students out of the full understanding of "secular" subjects. It forbids teaching the origins and first principles of God's creation, which flow from Him, as well as ethical considerations rooted in God's moral law.

In fact, what appears to be "neutral" secular education is a biased rejection of the most important truths.

Third, it is through the Church that students receive the grace needed to grow in virtue and develop their minds and bodies as God intends. Doesn't every student, then, deserve opportunities for prayer and the Sacraments? Newman said that education needs the Catholic faith and students' moral formation to educate well.

Tragically, most secular education today is dangerous. Academics and student life are distorted by radical politics, atheism, and false ideologies including relativism, divisive critical theory, and gender ideology. Too often, its teaching and malformation are antithetical to Catholic beliefs and morality.

In education, souls are at stake. The risk of secular education is simply too high for Catholic families.

**What appears to be "neutral" secular education is a biased rejection of the most important truths.**



# What About Other Catholic Education?

You'll notice that The Newman Guide recommends only a small portion of America's Catholic schools, colleges, and graduate programs. Why are we so selective?

Among Catholic colleges today, few consistently uphold Catholic teaching and strive to form saints. Over the last several decades, most of Catholic higher education has been secularized and corrupted.

**The sad truth is that most of Catholic education does not yet meet our Newman Guide Recommended standards.**

We've seen countless examples of career-focused colleges with minimal theology and liberal arts formation, professors leading students away from the faith, pro-abortion and LGBTQ events and speakers, the "hook-up" culture in student residences, and very low participation in Mass and Confession.

As for elementary and secondary schools and graduate programs, we recently began recommending them in The Newman Guide to provide families with a pathway to a seamless faithful Catholic education. Dozens of schools and graduate programs are working through the application process.

Still, the sad truth is that most of Catholic education does not yet meet our Newman Guide Recommended standards.

We hope all Catholic education will one day be Newman Guide Recommended. There is a great renewal underway, and The Cardinal Newman Society is pressing for reform. Meanwhile, we will soon be recommending homeschool, online, and adult education programs that faithfully form their students.

“

The Newman Guide has really simplified my college search. They did the research and compiled data, which helped me choose to apply to the right universities. Attending an authentically Catholic college is the best investment I can make, since it will prepare me for a career while deepening my faith.

”

*-Teresa White, a homeschooled student from Illinois who began attending a Newman Guide Recommended college in the fall of 2025*



# What You Should Look for in Catholic Education

The following are principles we expect to find in all Newman Guide Recommended education, in accordance with Vatican guidance to educators.

## **Inspired by Divine Mission**

Catholic education serves the Church’s mission of evangelization, sanctification, and salvation with Christ as the foundation.

## **Christian Communion and Identity**

It models communion with Christ by its own joyful, Catholic community. Faithful educators partner with parents to give witness of a life based on Gospel values.

## **Prayer, Scripture, and Sacrament**

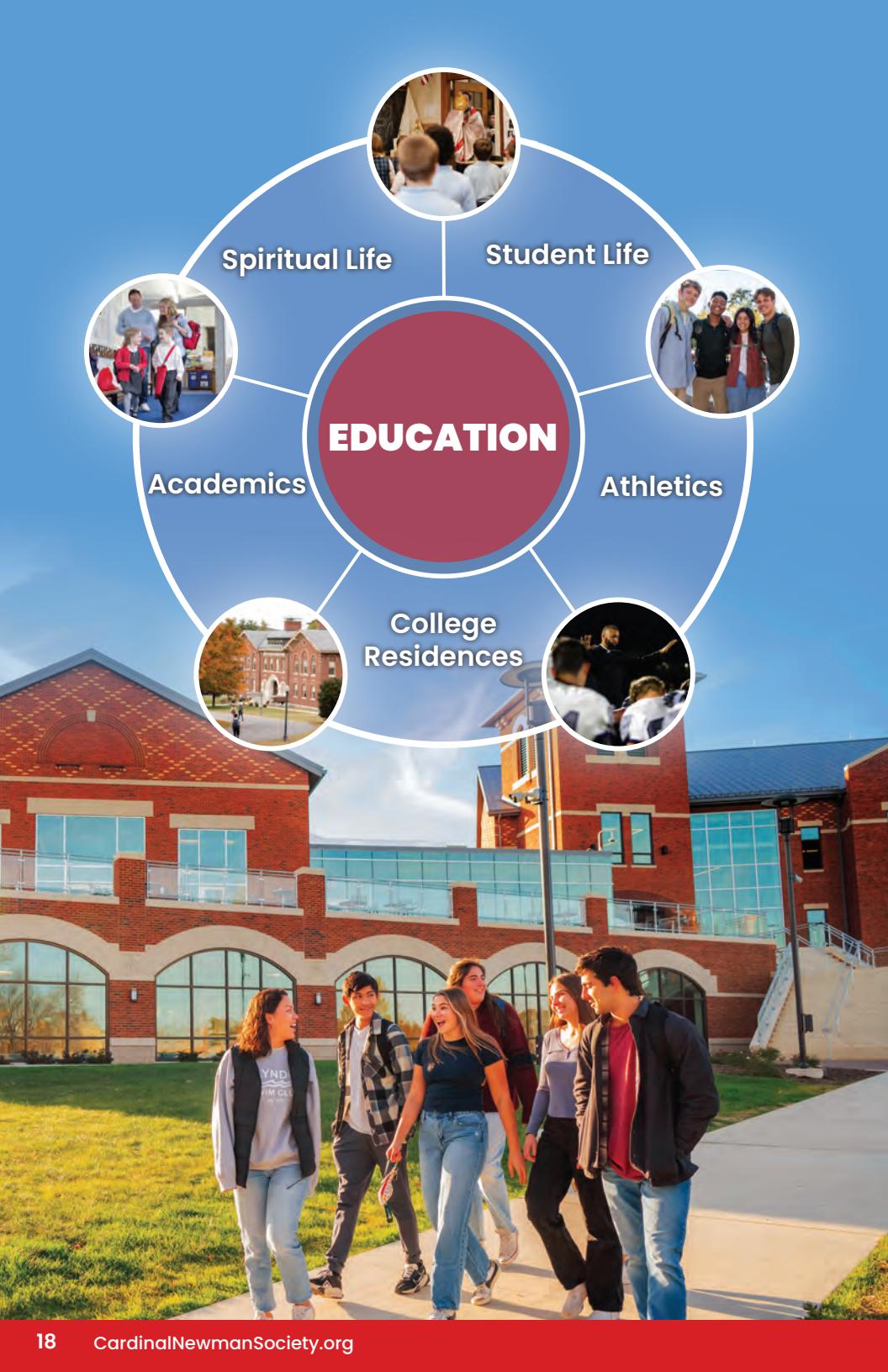
Catholic education provides living encounters with Christ—not only in religion class, but also through prayer, Scripture, and the Sacraments.

## **Integral Formation**

It forms body and soul in harmony, integrating learning with life. Students learn to resist relativism, overcome individualism, and discover their vocations.

## **Christian Worldview**

Catholic education cultivates in students a Catholic understanding of the world, culture, history, and human life that begins and ends with Christ.



# EDUCATION

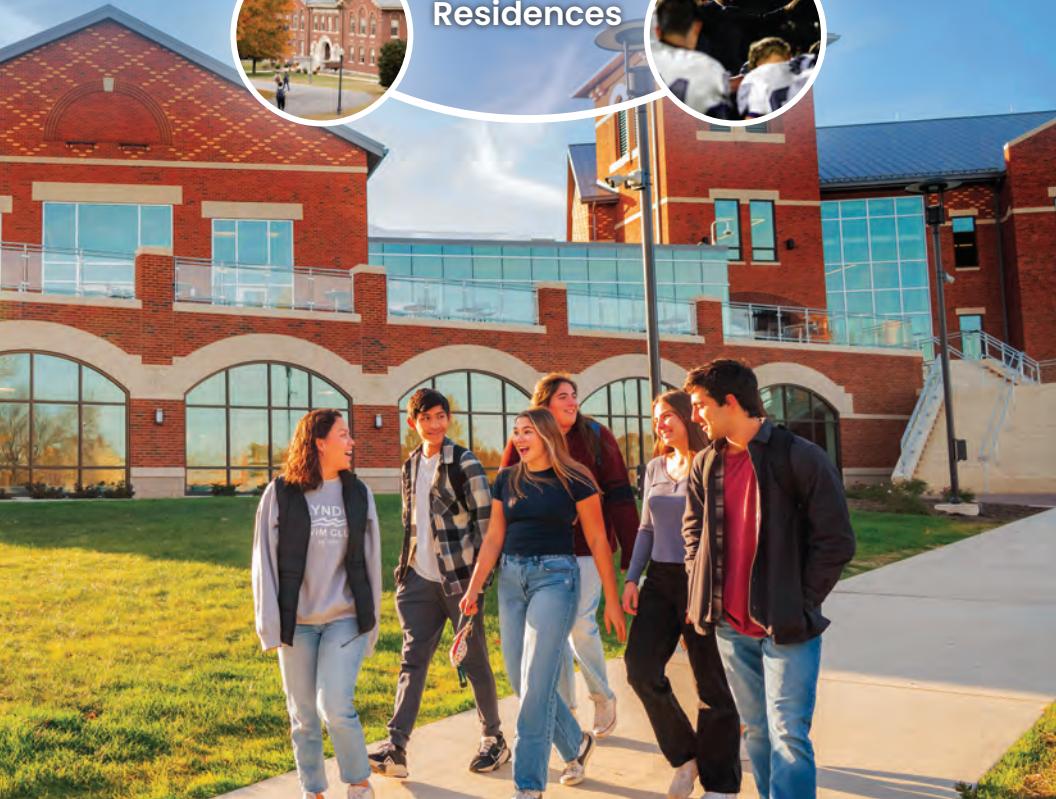
Spiritual Life

Student Life

Academics

Athletics

College  
Residences



# An Integrated Catholic Education

St. John Henry Newman said the purpose of Catholic education is to “reunite” the soul. The various parts of the human soul—the intellect, will, passions, conscience—are constantly in a fierce battle for control. But a faithful Catholic education can direct the soul to one ultimate purpose: to know, love, and serve God.

**It's important to evaluate all the elements that will contribute to a student's formation.**

When choosing a school, college, or graduate program, it's important to evaluate all the elements that will contribute to a student's formation, including:

- **Academics**
- **Spiritual Life**
- **Student Life**
- **Athletics**
- **College Residences**

Is the Catholic faith integrated in all courses? Will you learn wisdom as well as knowledge and skills? Will you grow in your faith? Is student life wholesome and conducive to good friendships? Will activities help you grow in virtue?

It's a mistake to over-prioritize only one of these elements. Don't choose a school based on its academic reputation but neglect to consider the sacramental opportunities. Don't accept an athletics scholarship but be unaware of student life issues on campus.

Newman Guide Recommended education provides for the formation of the whole person. On the following pages, let's take a close look at each of these elements of Catholic education.



# Academics

What students learn—and how they learn—has greatly changed. From the Scholastic age of St. Thomas Aquinas to much of the 20th century, Catholic education was the gold standard chased after by secular schools and universities. Now, much of Catholic education embraces secular standards that are but a shadow of the past.

Today most schools, colleges, and graduate programs—and even many Catholic ones—hold biases in nearly every subject area. They've hollowed out the traditional core curriculum in the liberal arts and sciences. They push false ideologies that are often anti-Christian.

Catholic families deserve better! Every Newman Guide Recommended school either adopts or broadly conforms to our Catholic Curriculum Standards, ensuring that every subject begins with the truth of God and creation.

Our recommended schools, colleges, and graduate programs are devoted to teaching faith and reasoning—both neglected across most education today. Students learn to think deeply and choose wisely.

A Newman Guide Recommended education studies the great works of mankind, so students come to a fuller understanding of God, creation, philosophy, history, and science. Without neglecting useful skills and information, students are capable of rising above knowledge to higher truths, putting all learning at the feet of Christ.

**Every subject begins with the truth of God and creation.**

*Classroom Rules*

1. Listen and follow directions
2. Raise your hand before speaking
3. Change seats quickly and quietly
4. Respect your classmates and your teacher

Your  
mercy  
is the  
guiding  
thread  
of my  
life.



# Spiritual Life

For Catholics seeking to grow closer to Christ, there's nothing like a Newman Guide Recommended education:

- **Immersion in a truly Catholic culture where faith and virtue are promoted, with a healthy vigilance against sin and scandal that is entirely lacking in most secular education.**
- **Transformative religion and theology courses in complete fidelity to Catholic teaching.**
- **Frequent, reverent, and traditional celebration of Mass, Adoration, Confession, and Catholic feast days, plus ample access to priests and religious for prayer and counseling.**
- **Numerous opportunities for Christian service, retreats, prayer groups, households, and more.**

As many as 85 percent of young Catholics leave the Faith! The Church calls on parents, fulfilling their baptismal promise, to provide a Catholic education. Newman Guide Recommended schools ensure that students are formed in Catholic teaching and practice.

As for colleges, there is simply no comparison between the integrated Catholic life at a faithful Newman Guide Recommended college and participation in a Catholic center or Bible study group on a secular campus. A few hours a week in ministry activities does not offset a toxic campus life and deficient academics.

**A few hours a week in ministry activities does not offset a toxic campus life.**



# Student Life

Outside the classroom, activities for students should be fun and exciting, and they should help students grow in virtue, cultivate talents, and give glory to God. Clubs and social time prepare students for life, career, and vocation.

At many schools and colleges today, however, the lifestyle contradicts Catholic values in big and small ways. This is very different from faithful Catholic education.

At a Newman Guide Recommended institution, the student clubs, performances, campus speakers, and events are ordered toward growing closer to God. Students are formed to become fully human by freely choosing truth, goodness, and beauty that are modeled in student programs. The campus culture supports chastity, charity, and virtue.

Campus facilities and events uphold human nature as man and woman, distinct yet complementary.

Students develop toward maturity, gaining self-mastery in accord with Catholic morality.

In a Newman Guide Recommended education, students make good friends who share Catholic priorities and values—the sort of friendships that last a lifetime. Such friendships help graduates navigate the many changes in life.

**Students make good friends who share Catholic priorities and values—the sort of friendships that last a lifetime.**



# Athletics

Many schools and colleges embrace a distorted view of athletics, prioritizing a “win at all costs” mentality that does not respect the dignity of the human person.

You don’t have to look hard to find examples of cheating, drug use, and immorality dominating the culture of athletics at many institutions.

But Newman Guide Recommended schools and colleges view athletics in harmony with their mission of evangelization and sanctification. Athletics should be an opportunity to provide for the formation of the whole person. Through sports, students can use their gifts and talents from God, grow in virtue, and glorify Him.

Newman Guide Recommended schools and colleges embrace high standards for athletics, providing for the spiritual, emotional, social and moral dimensions of student athletes. Key elements of faithful sports programs include well-formed Catholic coaches, public prayer, holding athletes to high standards, good sportsmanship, and programming to provide for growth in virtue.

From intramural leagues to Division II competitive athletics teams, Newman Guide Recommended schools and colleges offer a wide variety of levels to meet the needs of Catholic families.

Through sports, students can use their gifts and talents from God, grow in virtue, and glorify Him.

# Ladies, Can We Talk About Sexual Assault?

No one wants to believe it will happen to them, but be aware that sexual assault is a big problem on many college campuses today. Consider this, according to national studies:

- **College-aged females have the highest rates of sexual assault.**
- **Most sexual assaults against college women occur off campus, but about a third occur within student dorms.**
- **Two key behaviors associated with sexual assault are drinking and promiscuity.**
- **On college campuses, more than half of forced sexual assaults and 90 percent of assaults on incapacitated victims take place after midnight. Most others occur after 6 p.m.**

Reasonable dorm policies can go a long way in helping prevent sexual assault. Most colleges place women in co-ed dorms and allow males in the student residences, even very late at night.

We think this is negligent and ignores known risks.

When choosing a college, ask about residence policies and carefully consider the importance of bedroom privacy and student safety. Enjoy “girl time” and the joy of relationships that respect men and women and, perhaps someday, the special gift of marriage.



# College Residences

Did you know that college students typically spend only about 15 hours per week in the classroom?

It's important to consider a college's policies for student residences and the campus environment.

The typical student lifestyle on most college campuses includes binge drinking, the hook-up culture, and even sometimes drug abuse. College students report high rates of sexual activity, STDs, pregnancies, abortions, and sexual assaults.

That's no way to grow in faith and maturity!

Newman Guide Recommended colleges care how students live, providing appropriate guardrails while forming students to achieve increasing maturity. A healthy college residence experience should provide the privacy of a bedroom, the expectation of chastity, a quiet place to study, healthy relationships, and safety.

Most of the Newman Guide Recommended colleges provide only single-sex residence halls, which most other colleges abandoned long ago. Even more important, we believe, is preserving the privacy of bedrooms by limiting visitors to same-sex students.

It's a common-sense, traditional practice that is still common in Christian homes.

This means, of course, that a college is committed to providing venues and opportunities for men and women to socialize, pray, and study together.

**Students typically spend only about 15 hours per week in the classroom.**



# Nurturing Catholic Marriages

The choice of school or college can impact student vocations. This is especially important today, since Catholic marriage and religious vocations are in crisis.

The number of Catholic marriages in the United States declined 77 percent from 1969 to 2021—even though the total number of Catholics grew during the same time period. In a 2015 study by the Pew Research Center, a majority of Catholics approved of cohabitation without marriage.

A faithful Catholic education, however, is ordered toward God's calling for every student. Newman Guide Recommended schools and colleges teach the truth and beauty of family, and teachers and staff witness to the sanctity of marriage.

**Newman Guide Recommended schools and colleges teach the truth and beauty of family, and teachers and staff witness to the sanctity of marriage.**

The student culture is conducive to good friendships and growth in virtue, especially chastity. Students are encouraged to discern their vocations, especially through frequent access to the Sacraments, Eucharistic adoration, and prayer.

Patrick O'Hearn, author of *Courtship of the Saints: How the Saints Met their Spouses*, says, "Attending a Newman Guide Recommended college with its promotion of the sacramental life, faithfulness to the Magisterium, and flowering of Catholic culture increases grace in one's soul, but also increases one's odds to find a holy spouse."

“

To those discerning colleges, all I can say is you will never regret choosing a place that is invested in forming, supporting and flourishing every dimension of your life – mind, body, heart, and soul.

The years you spend at college, the people you encounter, the culture in which you immerse yourself, will inevitably lay a foundation for the rest of your life. In choosing an authentically Catholic college, you will be on course to live the good life you desire and become who you were made to be.

”

*-Sister Mariae Agnus Dei of the Sisters of Life*



# Inspiring Religious Vocations

In 1970, there were about 800 ordinations to the Catholic priesthood in the U.S., and today there are only about half that amount each year. Religious sisters have declined from 160,000 in 1970 to just over 35,000 today.

The good news is that Newman Guide Recommended schools and colleges are doing a wonderful job of preparing students who may be called to religious vocations. Many Catholic schools and colleges don't bother to track or publicize this data, but Newman Guide Recommended educators view religious vocations as a fruit of their efforts.

Consider this: Since its founding in 1977, Christendom College has formed more than 100 alumni priests. Its student body today is only around 550, and it was much smaller until recent years! If every Catholic college in the U.S. accounted for the same 5 percent rate of alumni priests and religious, we wouldn't have a vocations crisis.

At ITI Catholic University in Trumau, Austria, where students include both single and married laypeople, seminarians, priests, and religious, about 20 percent of graduates pursue religious vocations. The Catholic University of America in Washington, D.C., Holy Apostles College in Cromwell, Conn., and the Pontifical University of St. Thomas Aquinas in Rome also help prepare religious sisters and priests as well as laypeople.

Other colleges with high rates of religious vocations include Thomas Aquinas College in Santa Paula, Calif., and Northfield, Mass. (4.5 percent), Franciscan University of Steubenville in Steubenville, Ohio (3.6 percent), Our Lady Seat of Wisdom College in Barry's Bay, Ontario (3.5 percent), and Walsh University in North Canton, Ohio (3 percent).

At every high school we go to, we encourage the guidance counselors to use The Newman Guide to help students find their college... It's one thing to receive an hour-long chastity talk, but if you have a guidance counselor who can point you to the right university for the four years, that's going to do more good than one motivational speech.

*-Jason Evert,  
international Catholic speaker and  
founder of the Chastity Project*



## Bottom Line

Many schools and colleges are rated highly by dubious standards. What is truly a “good” education?

If large numbers of students lose their faith—or they fail to become wise and virtuous—then are they really getting a “good” education? And at what cost?

Thankfully, there are schools, colleges, and graduate programs that provide a very good education in the best sense. A Newman Guide Recommended education prepares students to take up leadership roles in their families, workplaces, and communities. Most important, a Newman Guide Recommended education helps prepare students for eternity in Heaven!

Don’t be deterred by the sticker price for many of these. They usually offer generous academic and need-based aid, so their net price (what is actually charged per student) can be highly competitive.

Families nationwide are discovering the unique and enormous value of Newman Guide Recommended education. The Cardinal Newman Society is excited to share with you the Newman Guide Recommended difference.

**What is truly  
a “good”  
education?**

THE FIRST  
**28**  
SCHOOLS IN  
THE NEWMAN GUIDE

The Cardinal Newman Society recently expanded  
The Newman Guide beyond colleges to also  
include elementary and secondary schools.  
Following are the first 28 schools to become  
Newman Guide Recommended.





**Bishop T.K. Gorman Catholic School**  
Tyler, TX



**Cathedral High School**  
Houston, TX



**Coeur du Christ Academy**  
Coeur d'Alene, ID



**Divine Mercy Academy**  
Pasadena, MD



**Everest Collegiate High School & Academy**  
Clarkston, MI



**Faustina Academy**  
Irving, TX



**HOLY ANGELS ACADEMY**  
1973



**Holy Child Catholic School**  
Tijeras, NM



**Holy Rosary Academy**  
Anchorage, AK



**HolySpirit Academy**

**Holy Spirit Academy**  
Monticello, MN



**KINGSWOOD  
ACADEMY**

Kingswood Academy  
Darien, IL



**Lumen Christi Catholic School & High School**  
Indianapolis, IN



The Lyceum  
South Euclid, OH



**Mary Star of the Sea High School**  
San Pedro, CA



**Mount Royal Academy**  
Sunapee, NH



**Our Lady of Mount Carmel Catholic School**  
Newport News, VA



**Regina Pacis Academy**  
Norwalk, CT



**Rhodora J. Donahue Academy**  
Ave Maria, FL



**Saint Agnes School**  
St. Paul, MN



**St. Elizabeth Ann Seton Catholic School**  
A CLASSICAL CATHOLIC SCHOOL

**St. Elizabeth Ann Seton Catholic School**  
Keller, TX



**St. Ignatius Catholic School**  
Kaukauna, WI



**St. Jerome Parish School**  
Oconomowoc, WI



**Saint John Paul the Great Catholic High School**  
Potomac Shores, VA



**ST. JOHN PAUL II  
PREPARATORY SCHOOL**



**St. Joseph's Catholic School**  
Greenville, SC



**St. Monica Academy**  
Montrose, CA



**Saint Rita Catholic School**  
Alexandria, VA



**Seton School**  
Manassas, VA

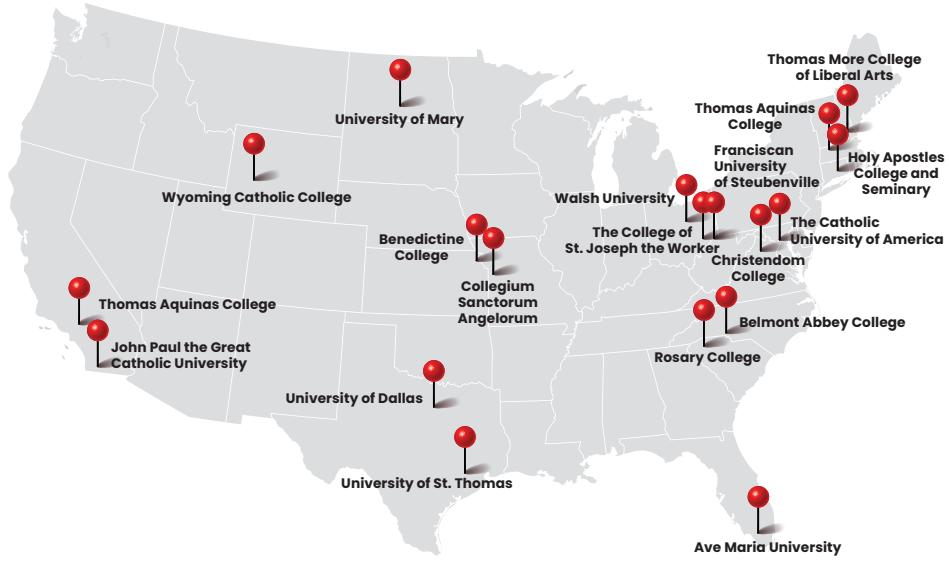


**Your local school is invited  
to become Newman Guide  
Recommended!**



# THE NEWMAN GUIDE:

## UNITED STATES



### United States Newman Guide Colleges

**Ave Maria University** – Ave Maria, FL

**Belmont Abbey College** – Belmont, NC

**Benedictine College** – Atchison, KS

**Catholic International University** – Online

**The Catholic University of America** – Washington, D.C.

**Christendom College** – Front Royal, VA

**Franciscan University of Steubenville** – Steubenville, OH

**Holy Apostles College and Seminary** – Cromwell, CT and Online

**John Paul the Great Catholic University** – Escondido, CA

**Thomas Aquinas College** – Santa Paula, CA and Northfield, MA

**Thomas More College of Liberal Arts** – Merrimack, NH

**University of Dallas** – Irving, TX

**University of Mary** – Bismarck, ND

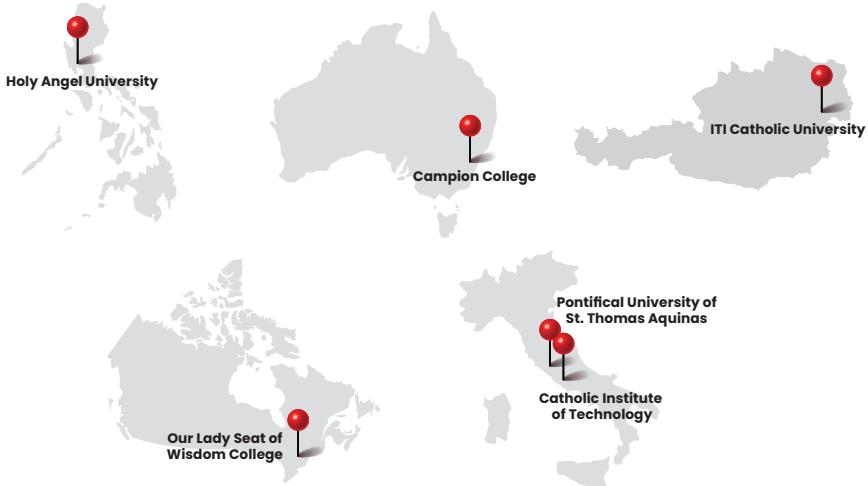
**University of St. Thomas** – Houston, TX

**Walsh University** – North Canton, OH

**Wyoming Catholic College** – Lander, WY

# RECOMMENDED COLLEGES

## INTERNATIONAL



### International Newman Guide Colleges

**Campion College** – Toongabbie East, New South Wales

**Holy Angel University** – Angeles City, Philippines

**ITI Catholic University** – Trumau, Austria

**Our Lady Seat of Wisdom College** – Barry's Bay, Ontario

**Pontifical University of St. Thomas Aquinas** – Rome, Italy

### Provisional Newman Guide Colleges

**Catholic Institute of Technology** – Castel Gandolfo, Italy

**The College of St. Joseph the Worker** – Steubenville, OH

**Collegium Sanctorum Angelorum** – Kansas City, MO

**Rosary College** – Greenville, SC and Online

# CATHOLIC LEADERS START HERE

Join a vibrant community where you can be formed into a Catholic leader and take Christ into the world.

92%  
CATHOLIC  
INCOMING STUDENTS

3.7 GPA  
AVERAGE FOR  
INCOMING STUDENTS

TOP  
20%  
OF TEST-TAKERS  
NATIONWIDE  
(SAT, ACT, CLT)



**APPLY TODAY!**  
[www.avemaria.edu/apply26](http://www.avemaria.edu/apply26)  
IT ONLY TAKES 5 MINUTES!



# Ave Maria University

## Ave Maria, FL

Ave Maria University was founded in 2003 upon the vision of entrepreneur Tom Monaghan: Marian devotion, strong fidelity, quality academics, and an idyllic Florida community built around a Catholic parish church.

Ave Maria has a strong, liberal arts core curriculum including four Catholic theology and four philosophy courses, plus more than 30 majors. In the theology program, which includes master's and doctoral degrees, all professors have a *mandatum* from the local bishop. About 90 percent of both students and professors are Catholic.

Spiritual life is faithfully Catholic and includes daily Masses and Confession, a chapel in every residence hall, 24-hour Eucharistic adoration, faith-centered student "households," and availability of Extraordinary Form Mass at the nearby parish. All student residence halls are single-sex, and there is an "open door" policy during limited hours of opposite-sex visitation to private rooms.

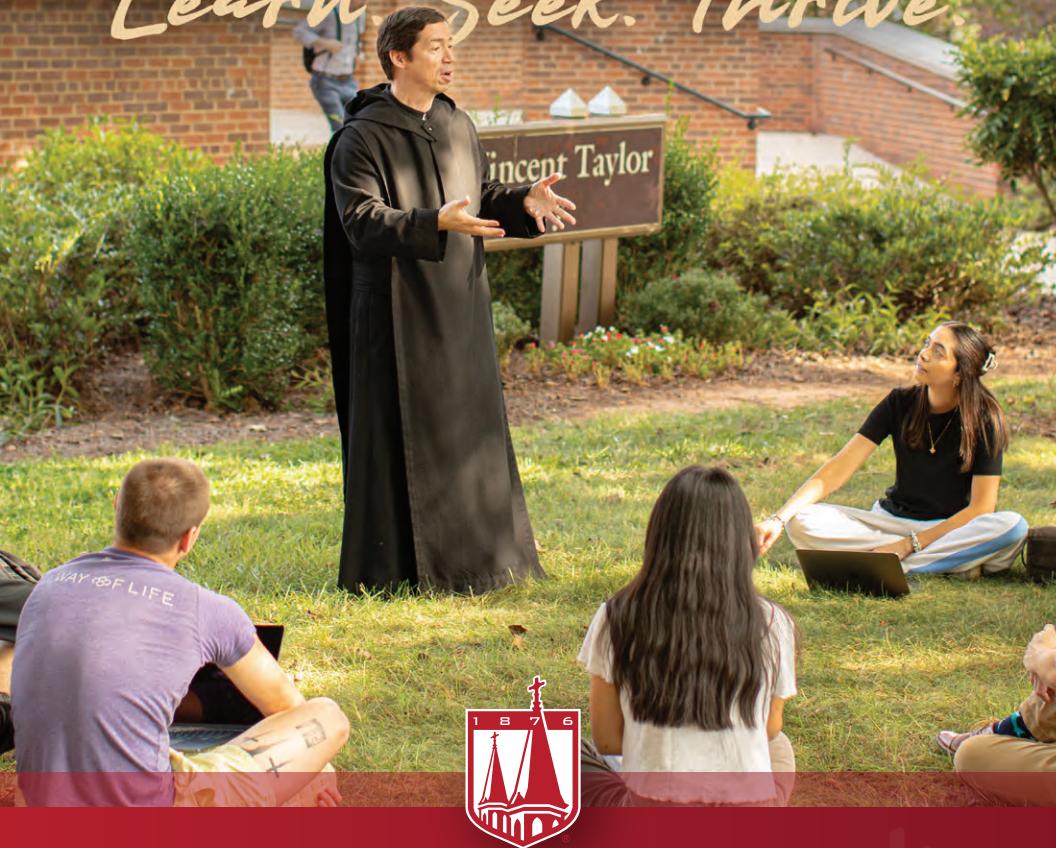
The South Florida location allows year-round outdoor activity, including public beaches 45 minutes from campus. There are more than 60 student clubs on campus and a growing number of varsity and junior varsity sports in the NAIA Sun Conference. The Town of Ave Maria offers some shops, restaurants, and medical offices within walking distance.

When you consider the Catholic Marian identity, strong academics, faithful faculty, relatively low net price, and Florida sun, Ave Maria stands as an exciting option for Catholics today.

### **Noteworthy:**

Ave Maria's Catholic, Marian identity impacts nearly every aspect of the campus life and academics, including a strong Thomistic theology department and other impressive faculty. The surrounding town and community are friendly and mostly Catholic. Other highlights include its Shakespeare in Performance program and charitable activities in nearby Immokalee.

# Learn. Seek. Thrive.



## Just outside of *Charlotte, NC...*

You'll find a welcoming Benedictine community that seeks the best for you. With #1 ranked faculty to championship-winning coaches, and a monastic community that prays for you daily, you'll find a cohort inspired by truth, and nurtured by love.

**With support like that**, you will realize your passions, forge a future, and fulfill the promise that God has for you.

**SCAN ME**



**Belmont Abbey**  
COLLEGE





# Belmont Abbey College

Belmont, NC

Owned and operated by Benedictine monks who settled in the North Carolina mountains in 1876, the rapidly growing Belmont Abbey College has built a well-deserved reputation for tenacity on behalf of Catholic principles.

The College has a comprehensive, liberal arts core curriculum including two Catholic theology and two philosophy courses. Its variety of majors include a new nursing program in collaboration with a hospital near campus. All theology professors have a *mandatum* from the local bishop.

About half the students and two-thirds of the faculty are Catholic. Most other students and professors are Christian, given the historically Protestant region.

Spiritual life is centered at the historic Abbey Basilica and includes daily Masses and Confession and Liturgy of the Hours with the monks. Eucharistic adoration is available on weekdays in the St. Joseph Adoration Chapel. Some student residence halls are single-sex—others are separated by suites and floors—and opposite-sex visitation is allowed in student rooms.

Students enjoy a wide variety of clubs and arts performances, and with more than 30 varsity sports teams in the Conference Carolinas of NCAA Division II, there are many athletes. The quaint campus is ideal for study and contemplation, while the surrounding mountains and nearby Charlotte offer plenty of activities.

For all this, Belmont Abbey's serious and authentically Catholic curriculum and leadership and its virtue-based athletics program make it a strong choice for Catholic families.

**Noteworthy:**

Belmont Abbey's Great Books Honors College and Hintemeyer Catholic Leadership Program are exciting options for Catholic students. The monks and students from the Charlotte Diocese's St. Joseph College Seminary greatly contribute to the College's Catholic identity. And Belmont Abbey is impressively devoted to teaching Christian virtues in its athletics program.

IT STARTS WITH **YOU!**

# TRANSFORM

CULTURE IN AMERICA



**Choose strong Catholic identity  
and strong academics.**

Benedictine College is a Newman Guide recommended school that also ranks in the Top 10 in both U.S. News and The Wall Street Journal.

**Visit Campus! [Benedictine.edu](http://Benedictine.edu)**



**BENEDICTINE  
COLLEGE**  
ATCHISON, KANSAS



# Benedictine College

## Atchison, KS

Benedictine College was founded by monks in 1858 in Atchison, Kansas, on the bluffs overlooking the Missouri River, and members of the Benedictine Order still reside on campus. In recent years, the College has found much success with a renewal of Catholic identity and growing enrollment.

Benedictine offers a strong, liberal arts core curriculum including three Catholic theology and three philosophy courses. Students can choose from more than 50 majors including architecture, engineering, music, nursing, and more. Most students and about eighty percent of professors are Catholic, and all theology professors have a *mandatum* from the local archbishop.

The College offers daily Mass and Confession, Eucharistic adoration on weekdays on campus, perpetual Eucharistic adoration at St. Benedict Church at the edge of campus, FOCUS Bible study, prayer at the Marian grotto, Liturgy of the Hours with the monks, and several campus-wide Catholic celebrations and processions. All student residence halls are single-sex, and opposite-sex visitation is allowed in student rooms.

The wide variety of student clubs and organizations includes a large pro-life club, and varsity sports teams are competitive in the NAIA Heart of America Athletic Conference. Benedictine is known for a vibrant campus life with frequent special events. Students have access to stores and restaurants in historic Atchison, or they can drive about an hour to Kansas City for jazz, barbecue, and other entertainment and internships.

A faithful Catholic college with an array of academic programs, athletics, campus activities, and spiritual formation, Benedictine College understandably appeals to a growing number of Catholic families.

### **Noteworthy:**

We are impressed by the "programs of distinction" focused on leadership development and academic interests, as well as the College's eight centers for constitutional liberty, arts and beauty, family life, Catholic media, and more. Benedictine is attracting many students with its mix of Catholic identity, majors, activities, and an established campus.



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100% CATHOLIC**



# Catholic International University

## Online

Catholic International University offers associate's, bachelor's, and master's degrees, with faithfully Catholic courses entirely online.

Beginning as early as junior or senior year in high school, students can begin earning transferable credits from Catholic International University and go on to pursue an associate's degree or a bachelor's degree in liberal arts or theology. Minors include business, education, history, philosophy, and theology. All students pursuing their bachelor's degree in liberal arts or theology take a minimum of four theology and four philosophy courses.

At Catholic International, all theology professors have the *mandatum*. Every professor is Catholic, as are all undergraduate students.

Online courses are asynchronous, so that students can watch the recordings at their own convenience. Since the University is all online without the campus formation at other Newman Guide colleges, Catholic families should plan for local options to receive the Sacraments, form Catholic friendships, and engage in wholesome activities.

Catholic International University's graduate programs are also recommended as faithful Catholic programs in The Newman Guide. These programs include master's degrees in theology, liberal arts education, and ecclesial administration and management, all of which have accelerated tracks for undergraduate students. These programs integrate the Catholic faith and are affordable and flexible.

More and more students today are turning to online college options. Catholic International provides students with the opportunity to receive an education that will enhance their understanding of the Catholic faith and engage with fellow Catholics—all at a very affordable price.

### **Noteworthy:**

The Cardinal Newman Society embraces a wide variety of models of faithful Catholic education, meeting the various needs of families and students. With its expertise in solid Catholic theology, Catholic International University provides an affordable option that can be paired with good parish and social programs at home.

# COLLEGE THE WAY IT'S MEANT TO BE

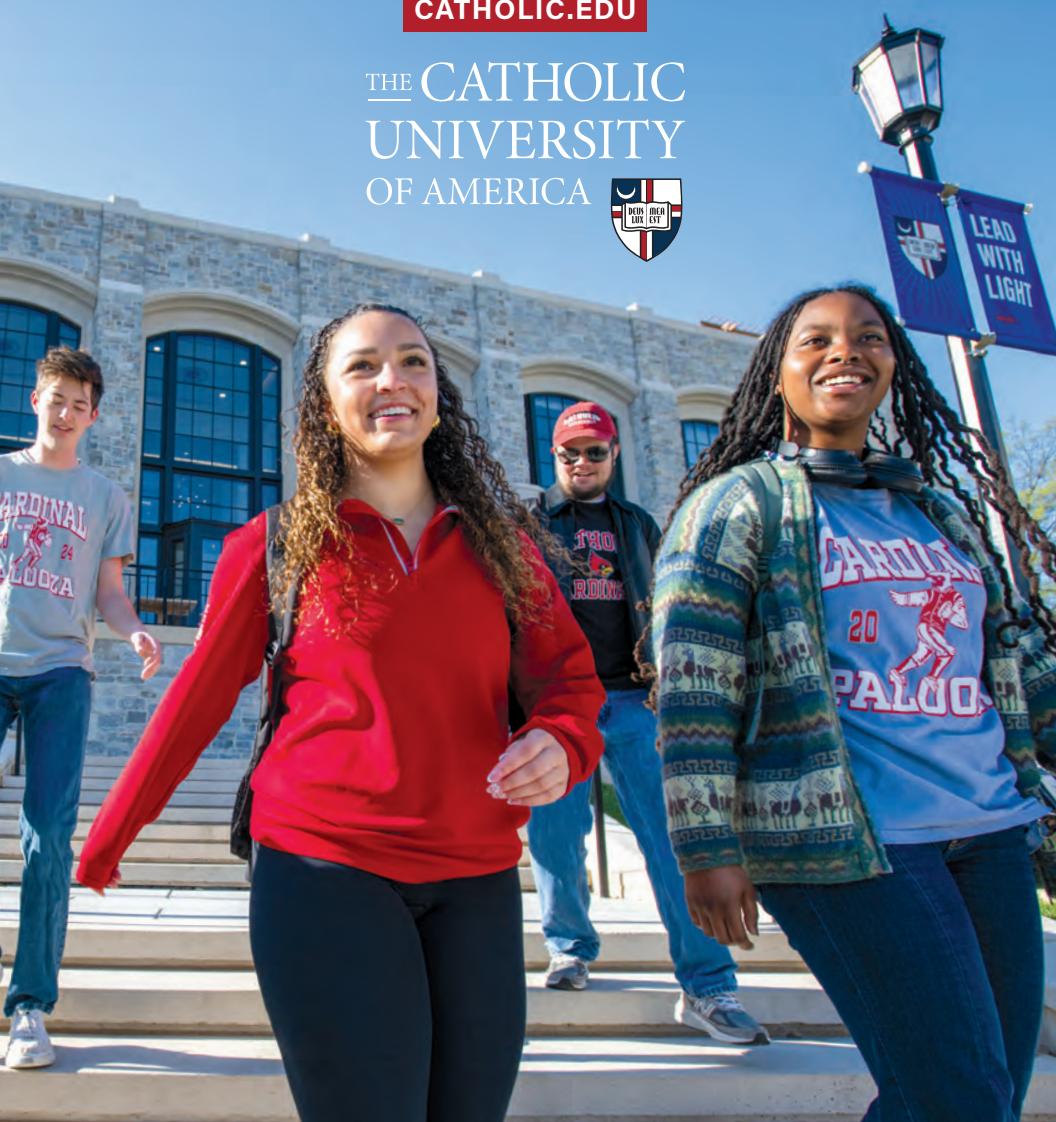
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UNIVERSITY  
OF AMERICA





# The Catholic University of America

Washington, D.C.

The Catholic University of America is America's pontifically-chartered university for primarily lay students, overseen by a Board of Trustees that includes several cardinals and bishops. In recent decades, the University has made progress in strengthening its Catholic identity, especially in faculty hiring.

Catholic University is one of the largest institutions within The Newman Guide, with more than 130 academic programs in 11 colleges and schools of business, canon law, nursing, philosophy, theology, and more. The liberal arts core curriculum includes two Catholic theology and two philosophy courses. Catholics comprise about 70 percent of the students and about 80 percent of the faculty, which the University has grown in recent years. Some theology professors have a canonical mission, which is similar to the *mandatum* but for pontifical faculties.

There are several Masses, Confession, and Adoration each day on campus and at the magnificent Basilica of the National Shrine of the Immaculate Conception, which is an extraordinary benefit to Catholic students. All student residence halls are single-sex,

and opposite-sex visitation is allowed in student rooms.

The University offers more than 100 student clubs and more than two dozen varsity sports in the NCAA Division III Landmark Conference. Washington provides museums, politics, lectures, and internship opportunities.

Studying at a mid-sized urban university means greater resources and diversity in both the student body and the faculty. For many students, studying at the Church's national university in the nation's capital is an opportunity too good to miss.

#### **Noteworthy:**

Catholic University's First-Year Experience is rooted in the Catholic intellectual tradition. The Busch School of Business has earned a great reputation for integrating Catholic and business principles. The Conway School of Nursing is excellent in its pro-life commitment, including providing students with a biomedical ethics course. Theology studies lead to a pontifical degree; the faculty includes some outstanding theologians. Philosophy historically has been excellent.

"Christendom sets a standard for fidelity and traditional education against which other Catholic liberal arts colleges are measured." —The Newman Guide

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# Christendom College

## Front Royal, VA

Christendom College was founded by Catholic scholars in 1977 as an alternative to secular trends in Catholic higher education. What was then a little-known secret in the Blue Ridge Mountains of Virginia is now a national model of faithful liberal arts education and Catholic formation.

Christendom provides a liberal arts education with an extensive, 86-credit core curriculum, including a very impressive six Catholic theology and six philosophy courses. Students can also concentrate in eight majors. Almost all the students are Catholic, all professors take the Oath of Fidelity and make the Catholic Profession of Faith, and theology professors have a *mandatum* from the local bishop. Many students study a semester in Rome, continuing their core courses in residences just 30 minutes from St. Peter's Basilica.

Class time is set aside daily for Mass, which is celebrated with great reverence. Students have access to daily Confession, Adoration, Rosary, and Liturgy of the Hours. Feast days are often marked with special celebrations. Many alumni have found religious vocations,

including more than 100 priests. The gothic style Christ the King Chapel is a beautiful new addition to campus.

All student residence halls are single-sex with no opposite-sex visitation to private rooms, and there is a nighttime curfew. There are more than 100 clubs and activities in addition to 10 varsity sports teams and intramurals. Front Royal provides shops and entertainment, surrounded by mountain trails and the scenic Shenandoah River.

Christendom strives to keep tuition affordable despite refusing federal student aid to avoid government restrictions. The strong Catholic formation is an excellent value for any Catholic student.

### **Noteworthy:**

Christendom demonstrates an extraordinary commitment to faithful education and formation, refusing to compromise on things like opposite-sex visitation in residences and accepting government aid. Christendom is a good size for maintaining a close-knit community, attending to students by name, and preserving fidelity and excellence among the faculty.



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# Franciscan University of Steubenville

Steubenville, OH

Established in 1946 just west of Pittsburgh, Franciscan University's ownership and Catholic identity rest with Franciscan friars, the Third Order Regular of St. Francis. Today, the University is a model of faithful Catholic education with notable Catholic professors and a vibrant spiritual life.

Franciscan offers a comprehensive, liberal arts core curriculum including three Catholic theology and three philosophy courses (five total for science majors). Students can choose from more than 70 majors across five schools of arts and sciences, including the popular theology and catechetics. Nearly all students and professors are Catholic, and theology professors have a *mandatum* from the local bishop.

The spiritual life on campus is dynamic, with a high percentage of students attending daily Mass, and all five Sunday Masses are filled to capacity. Perpetual Adoration is offered in the Portiuncula Chapel during the school year. Confession is available most days, community Rosary on weekdays, and there are occasional special liturgies and events including a monthly Festival of Praise. Franciscan's unique

"faith household" system brings students together to support each other spiritually, academically, and in other ways under the guidance of an advisor.

All student residence halls are single-sex, and there is an open-door policy during limited hours of opposite-sex visitation to private rooms. Students engage in charitable efforts in the local town and can drive to nearby Pittsburgh on weekends.

Students seeking a strong faith formation and education in a charismatic Catholic environment, all at a relatively low net price, will find an outstanding option in Franciscan University of Steubenville.

### **Noteworthy:**

Franciscan has been a leader in Catholic education since its exciting reform in the 1970s. Students' enthusiasm for serving God is refreshing and exciting, and professors seem uniquely inclined to renewing Christian culture beyond campus. The household system greatly enhances student formation. A semester at Franciscan's Austria campus is a can't-miss opportunity.

The 'Recruit Me' program was a fantastic blessing, as it allowed so many colleges to reach out to me and provide information that I could digest and review.

I would then turn to the Newman Guide to further enlighten me about the most vital and important aspects of a truly Catholic college education.

**Jacob Kristine,**  
a student from Pennsylvania who began attending at Newman Guide Recommended college in the fall of 2023

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SOCIETY 

Promoting and Defending Faithful Catholic Education



# Holy Apostles College and Seminary

Cromwell, CT and Online

Holy Apostles College and Seminary is a rare institution, bringing together seminarians and consecrated and lay students from around the globe for both religious formation and undergraduate and graduate studies. Sponsored by the Society of the Missionaries of the Holy Apostles (MSA), lay undergraduates have access to a faithfully Catholic, fully online program as well as a non-residential campus program in Cromwell, Connecticut.

The strong, liberal arts core curriculum includes six theology courses and six philosophy courses for all majors in the liberal arts, theology, philosophy, sacred art, history, and English. Associate's degrees are also available in theology and liberal arts. All faculty are Catholic, the president and all Catholic faculty make the Profession of Faith, and all theologians have a *mandatum* from the local bishop. A large majority of undergraduates are Catholic.

Online courses are asynchronous, since students live in many different time zones. Online students do not

have the campus formation at most Newman Guide colleges, so they should plan for local options to receive the Sacraments, form Catholic friendships, and engage in activities.

Most lay students take online courses, but for on-campus students there is Mass daily, confession weekly and by appointment, and Eucharistic adoration four days of the week. Holy Apostles does not offer lay student housing nor many student activities.

With its fidelity and thorough liberal arts curriculum, plus tuition at a bargain price, Holy Apostles is an attractive option for many Catholic families.

#### **Noteworthy:**

Holy Apostles stands out among both seminaries and lay colleges for its dedication to forming Catholic leaders for evangelization and its mix of lay Catholics and both men and women religious from a variety of cultures. The College boasts flexible online and campus options, all at an affordable price.



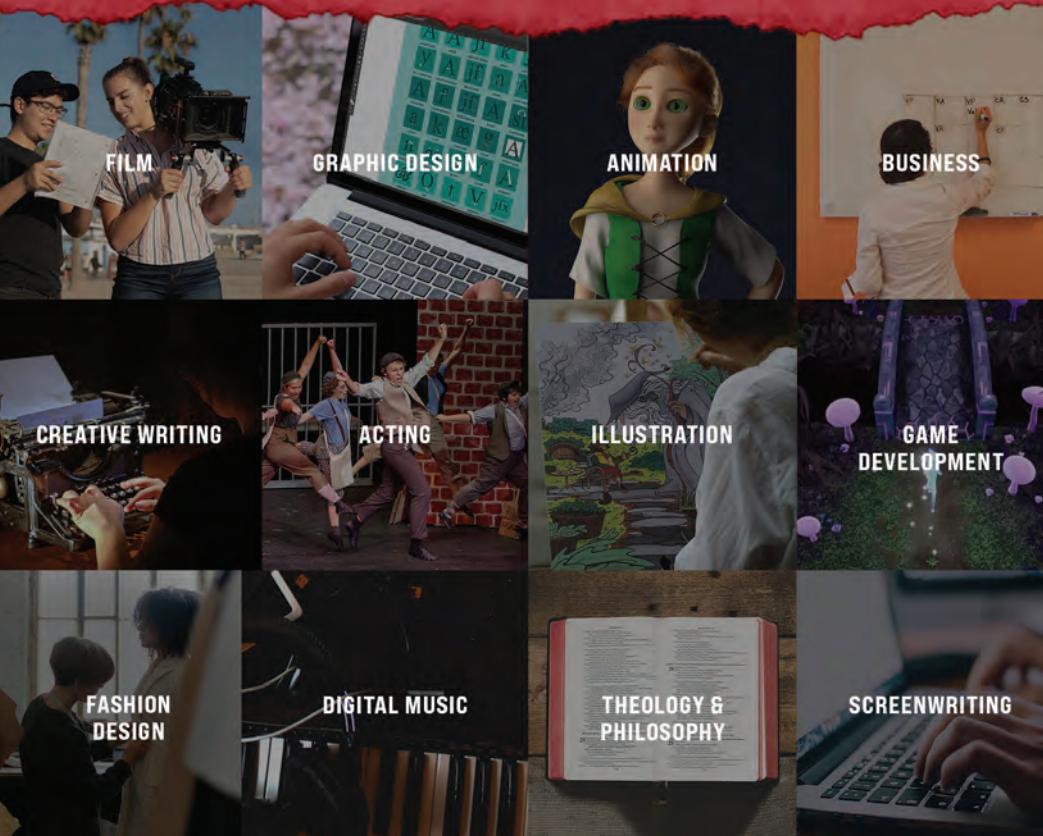
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# The Catholic University for **CREATIVE ARTS** and **BUSINESS INNOVATION**





# John Paul the Great Catholic University

Escondido, CA

John Paul the Great Catholic University in Escondido, California, was founded in 2003 with a focused mission: to prepare entrepreneurs and experts in communications media and the creative arts to evangelize the culture. The small University's specialized curriculum and strong Catholic formation contribute to its growing impact and reputation.

The core curriculum is about 40 percent of the total courses required for graduation—including five Catholic theology and four philosophy courses on JPCatholic's quarterly semester calendar. Students can major in business, communications media, humanities, or the visual arts, with some unique concentrations related to film, theater, gaming, and more. The University combines the best of a Catholic college with the hands-on skill learning of a technical and arts school devoted to evangelization.

Most students are Catholic, and nearly 70 percent of all faculty members are Catholic. Theology professors have a *mandatum* from the local bishop.

Class schedules are structured around daily Mass, and Confession and Adoration are also offered daily. Students typically live in townhomes and apartments leased by the University, with no opposite-sex visitation to bedrooms within private residences. Students are responsible for their own meals. The campus is situated at the heart of a small town, just north of San Diego and two hours south of Los Angeles.

John Paul the Great Catholic University has an exciting mix of faithful Catholic liberal arts and majors in business and "new media"—a great option for students called to bring Christ to the world.

#### **Noteworthy:**

In a world lacking both truth and beauty, John Paul the Great Catholic University serves an important niche by forming graduates who are prepared to "impact culture for Christ." The University itself is entrepreneurial, built on a great vision and growing steadily with expanding programs. Escondido is a wonderful location with access to both San Diego and Hollywood.



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[thomasaquinas.edu/summerprograms](http://thomasaquinas.edu/summerprograms)



# Thomas Aquinas College

Santa Paula, CA and Northfield, MA

Thomas Aquinas College was founded in 1971 by Catholic professors devoted to the Catholic Faith and study of original writings by the greatest minds of Western culture. No majors, no academic departments, no textbooks, no lectures—only Catholic formation, Great Books, and Socratic discussion.

The beautiful campus nestled in the hills east of Los Angeles has capped enrollment to preserve the small-college environment—so, faced with growing interest, a second campus was opened in the hills of Northfield, Massachusetts, in 2019.

All students learn in a discussion-style class format and progress through the same liberal arts degree: roughly equivalent to a double major in theology and philosophy and a minor in mathematics, which is very impressive. Nearly all professors are Catholic, take the Oath of Fidelity, and make the Catholic Profession of Faith.

Nearly all students are also Catholic and enjoy a strong spiritual life on campus, including daily Masses when classes are not scheduled and even Extraordinary Form Mass on most days. There is daily Confession, Rosary,

and Liturgy of the Hours. More than 4 percent of alumni have entered religious life.

All student residence halls are single-sex with no opposite-sex visitation to private rooms, and there is a nighttime curfew. Both campus locations offer options for many outdoor activities—hiking and skiing in New England and hiking and beaches in California. There are also student-led clubs and athletic facilities, including intramural sports, and the College promotes theater and music performances.

With a good net price, Thomas Aquinas College is an outstanding choice for the serious student eager for a top-ranked, intellectually rigorous, and deeply faithful Catholic college experience.

## **Noteworthy:**

The opportunity to delve into the Great Books with a community of brilliant tutors and fellow Catholic students, while enjoying beautiful Masses and prayer, seems to us a great opportunity. Thomas Aquinas College's emphasis on theology and philosophy is admirable, but we also like the readings in science and math from the masters.

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THOMAS MORE COLLEGE  
of LIBERAL ARTS

MERRIMACK, NH | ROME, ITALY



# Thomas More College of Liberal Arts

Merrimack, NH

The Thomas More College of Liberal Arts was founded in 1978 by Catholic scholars in Merrimack, New Hampshire. Situated on a colonial-era farm, the College strives to preserve traditional Catholic higher education and the canon of Western civilization.

Thomas More offers one liberal arts degree with an integrated, four-year core curriculum including a very impressive seven Catholic theology courses and five philosophy courses. Also distinctive are the courses in both Latin and Greek, courses in Natural History and Modern Scientific Thinking that emphasize the scientific elements of liberal education, and the College's "Catholic guilds," in which students study sacred art, sacred music, folk music, woodworking, and gardening with the guidance of master craftsmen. All sophomores study in Rome for one semester, residing at the Villa Magnolia which is less than a half-hour's walk from the Vatican.

All professors are Catholic, take the Oath of Fidelity, and make the Catholic Profession of Faith, and all theology professors have a *mandatum* from the local bishop. Nearly all students are Catholic. Classes are scheduled around daily Masses, including

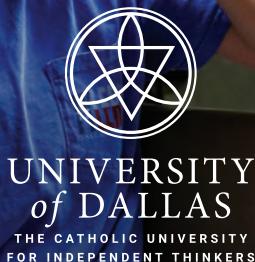
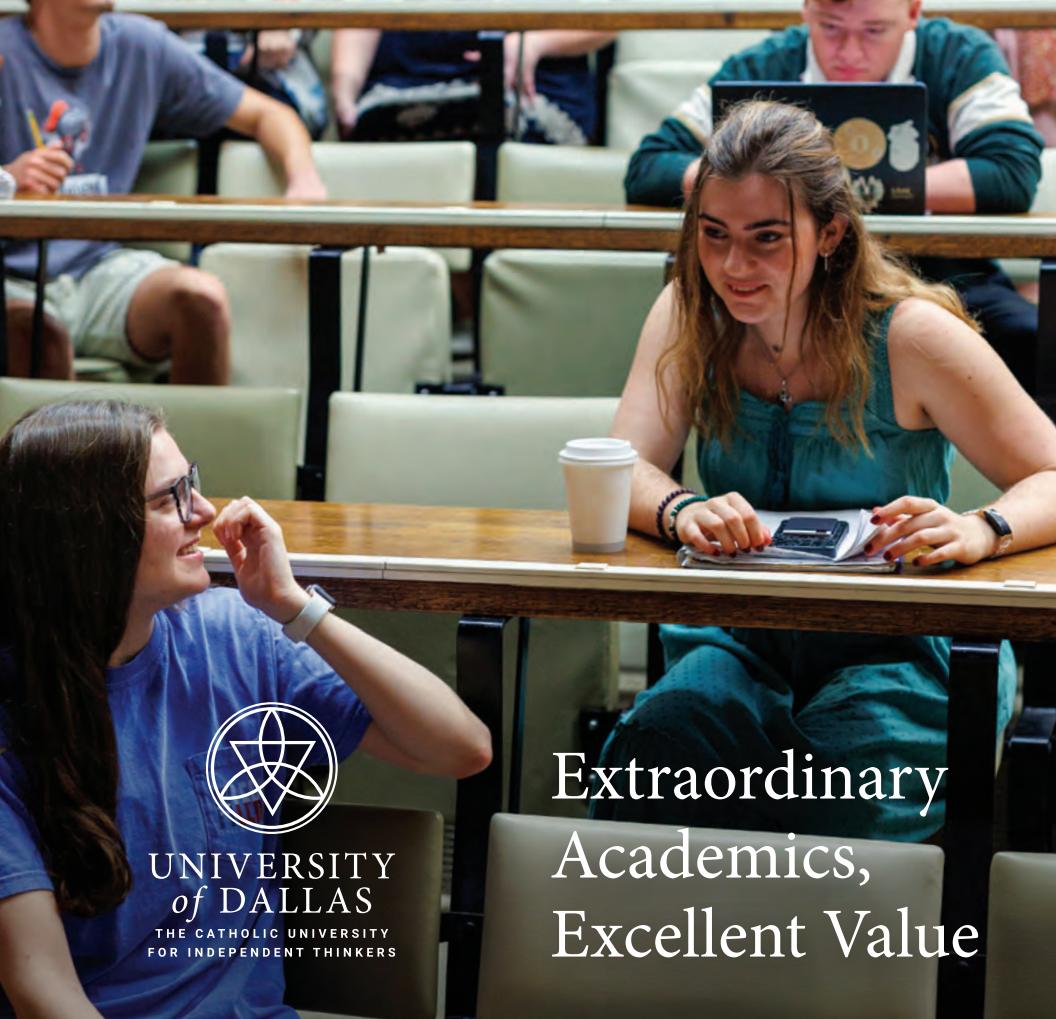
Extraordinary Form once a week. There are frequent Confession opportunities, nightly recitation of the Rosary, and chanted morning and evening prayer.

All student residence halls are single-sex with no opposite-sex visitation to private rooms, and there is a nighttime curfew. Campus activities include dances, concerts, and intramural sports, and students are just 45 minutes from Boston or an hour from hiking in the White Mountains.

The Thomas More College of Liberal Arts has one of the lowest net prices among colleges recognized in The Newman Guide. For students seeking a faithfully Catholic and enriching intellectual formation in a small-campus environment, Thomas More is a great option.

#### **Noteworthy:**

The Thomas More College of Liberal Arts has deservedly received high rankings for its educational quality, while providing that education from a thoroughly Catholic worldview. We are impressed by its unique Way of Beauty program and emphasis on the arts and craftsmanship, in addition to a seriously philosophical and theological curriculum.



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# University of Dallas

## Irving, TX

Since 1956, the University of Dallas in Irving, Texas, has earned a national reputation for fidelity to Catholicism and strong academics. Its slogan, "The Catholic University for Independent Thinkers," captures well the University's atmosphere and student body.

Dallas has a comprehensive core curriculum that emphasizes the classics of Western civilization and includes three philosophy and two Catholic theology courses. Students can choose from more than two dozen majors, rooted in the typical liberal arts disciplines. The Rome semester at the University's campus just south of Rome has long been regarded as a model for other colleges, and most sophomores participate.

Most students and the majority of faculty are Catholic, and the University prioritizes Catholics in their hiring practices. All theology professors have a *mandatum* from the local bishop.

Spiritual life is faithfully Catholic, with daily Mass, Confession times four days

a week, FOCUS Bible study, and other programs. About half the student residences are single-sex—others separated by floor or apartment—and opposite-sex visitation is allowed in student rooms, with an open-bolt policy. Activities include more than 45 student clubs and 15 varsity sports teams in the Southern Collegiate conference of NCAA Division III.

For a good price, fidelity, and a great academic program, the University of Dallas understandably draws Catholic students from nearly every state in the country.

### **Noteworthy:**

The University of Dallas graduates many faith-filled leaders in the academic, business, legal, and medical fields and has helped foster many vocations to the priesthood and religious life. The Rome semester is highly regarded for both academic quality and the experience of Europe and the Vatican.



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Endorsed by the Cardinal Newman Society since 2012, Mary **leads the nation's Catholic universities** in the number of **Newman Guide-recommended graduate programs**.





# University of Mary

## Bismarck, ND

Founded in 1959 in Bismarck, North Dakota, by the Benedictine Sisters of the Annunciation, who serve as sponsors today, the University of Mary has been taking exciting steps to reinforce its Catholic identity, expand academic programs, and increase enrollment.

With nearly 60 degrees and 15 pre-professional programs, the University of Mary focuses on career preparation while offering a comprehensive, liberal arts core curriculum, which includes two Catholic theology and two philosophy courses. Catholic Studies and other students can study abroad at the University's campus in Rome. Students are mostly Catholic, and about two-thirds of the faculty are Catholic. All theology professors have a *mandatum* from the local bishop.

U-Mary's campus ministry is Catholic but strives to reach out to students of all faiths on campus. The college has a rich sacramental life, including daily Mass, Vespers, perpetual Eucharistic Adoration, FOCUS Bible studies, a beautiful Marian Grotto, and an increased emphasis on vocational discernment. All student residence halls are single-sex, and opposite-sex visitation is allowed in student rooms. There are two vocation-based residence halls.

Students can join a great variety of activities including more than 50 student clubs, including an active pro-life club and a Marauders for Christ club for student-athletes.

Athletes compete in 18 varsity teams in the Northern Sun conference of NCAA Division II, and the University is implementing a plan of "greatness through virtue" in its athletic programs.

The University of Mary has 21 graduate degrees and certificates that are recommended as faithful Catholic programs in The Newman Guide, including the *Master of Business Administration*, *Doctor of Business Administration*, *Master of Science in Bioethics* and *Master of Education in Catholic Montessori*. These programs integrate the Catholic faith and are affordable, flexible, and ideal for the working professional who wants to advance in their career.

The University of Mary's renewed vitality as a Catholic university is exciting and it is an attractive and relatively inexpensive choice, with many full-tuition scholarships available, for students looking for a career-oriented university that is in good Catholic hands.

### **Noteworthy:**

The University of Mary is growing rapidly, and the Catholic formation keeps getting better. Its multiple health-related programs are highly ranked, and a partnership with the National Catholic Bioethics Center ensures that students are immersed in Catholic ethics. The Catholic Studies program is also notable and recommended for faithful students.

# YOU BELONG AT UST!



UNIVERSITY OF  
ST. THOMAS  
HOUSTON



# University of St. Thomas

## Houston, TX

Located in the heart of Houston, Texas, the rapidly growing University of St. Thomas was launched in 1947 by the Basilian Fathers, who still sponsor it. The University boasts a solid liberal arts foundation, career preparation that is faithful to Catholic teaching, and extraordinary racial diversity.

St. Thomas offers nearly 40 undergraduate majors, and the University's comprehensive, 45-credit liberal arts core curriculum weaves together all subjects in the light of the Catholic tradition and includes three Catholic theology and three philosophy courses. About 70 percent of students and half of professors are Catholic, and all theology professors have a *mandatum* from the local bishop.

Religious life revolves around the Chapel of St. Basil, which is a modern architectural icon for the University and Houston's Museum District. The Basilian Fathers and other local priests help provide daily Masses with a Mass in Latin on Fridays, Confession four days a week, and weekly Exposition

and Benediction of the Eucharist. Most student residence halls are single-sex, and opposite-sex visitation is allowed in student rooms.

Most students are from Texas, and only 400 students (about 16 percent) reside on campus. Still, campus life is vibrant with nearly 60 student clubs, and St. Thomas is part of the Southern Collegiate conference of the NCAA Division III with 19 varsity sports.

The University of St. Thomas has one of the lower net prices among colleges in The Newman Guide, even with its urban location and facilities. Students looking for a faithful education at a great price would do well to consider it.

### **Noteworthy:**

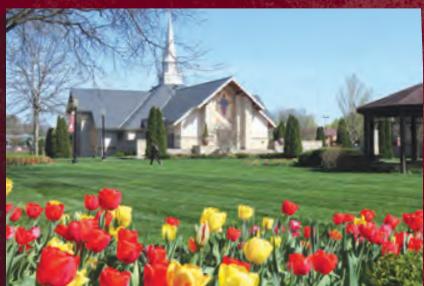
The racial diversity of students at the University of St. Thomas—about half Hispanic, with many other groups represented—is a hopeful sign of the universal Church. We also like the variety of sciences and other majors not available at most of the other recognized colleges.

# WALSH UNIVERSITY

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# Walsh University

North Canton, OH

Established in 1960 by the Brothers of Christian Instruction in North Canton, Ohio, Walsh University became an independent Catholic university in 2021. Especially in recent years, Walsh has also distinguished itself by a strong embrace of its Catholic identity.

Walsh offers more than 100 academic majors and minors in mostly career-oriented fields. Its general education curriculum covers 50 percent of the credits required for graduation and includes at least five courses between Catholic theology and philosophy. A service learning course is a requirement for all students. About half of Walsh's students and half the professors are Catholic, and all theology professors have a *mandatum* from the local bishop.

The University offers daily Mass and Confession times and provides opportunities for Eucharistic adoration.

In campus residences, the sexes are separated by wing or floor and opposite-sex visitation is allowed in student rooms.

There is a wide variety of student clubs, intramural sports, and other activities. Walsh sponsors 28 sports, 25 of which are in the NCAA Division II.

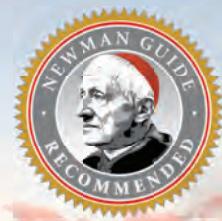
The University takes seriously its efforts to share the faith through courses and campus life. For a Catholic student—especially one in Ohio—looking for Catholic education and one of Walsh's many majors at a relatively good price, it's worth serious consideration.

#### **Noteworthy:**

Walsh University has been steadfast in its fidelity to Catholic teachings. In the last few years, the University has worked to strengthen Catholic identity and increase the portion of Catholics on the faculty.



# Wyoming Catholic College



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# Wyoming Catholic College

## Lander, WY

Wyoming Catholic College was founded in 2007 in Lander, Wyoming, with help from the local bishop. Nestled in a small town near the Wind River Mountain Range and the Pope Agie River, the Great Books college is wonderful for faithful Catholics, outdoor enthusiasts, and students of Western thought.

Wyoming Catholic's four-year core curriculum, leading to a liberal arts degree, is focused on the Great Books and includes both lectures and dialogues. There are no electives, only required courses in eight tracks: humanities, theology, philosophy, math/science, fine arts, Latin, Trivium, and leadership. The unique outdoor program includes mountain hikes, horseback riding, and leadership development.

Nearly all students and about 90 percent of the professors are Catholic. The president and Catholic faculty take the Oath of Fidelity and make the Catholic Profession of Faith. Theology professors have a *mandatum* from the local bishop.

Spiritual life on campus focuses on beautiful liturgy and sacred music,

including both the Ordinary and Extraordinary (Latin) Forms of the Mass and the Byzantine Rite. There are no classes during daily Mass and on patronal feast days. Eucharistic adoration and confession are offered daily.

All student residence halls are single-sex with no opposite-sex visitation to private rooms, and there is a nighttime curfew. Wyoming Catholic forbids cell phones and televisions and limits internet use to promote community life.

Wyoming Catholic rejects federal student aid to avoid government restrictions, yet it remains relatively inexpensive while offering a unique and faithful Catholic education in the mountains. For the right student, it's an adventure not to be missed.

### **Noteworthy:**

Wyoming Catholic College recognizes the importance of forming students with beautiful and reverent liturgy, in all its forms. We also appreciate the large portion of Catholic professors. The outdoor and leadership development opportunities are exciting and make great use of the College's location.

# INTERNATIONAL COLLEGES RECOMMENDED IN THE NEWMAN GUIDE





## Campion College

Toongabbie East, New South Wales

Campion College, the only Catholic liberal arts college in Australia, was established in 2006 by lay scholars. Americans are invited for one or more semesters or to complete a full degree.

Campion offers a three-year bachelor's degree program in the liberal arts according to a February-November calendar, one-year diplomas in the liberal arts or classical languages, and a fourth-year program leading to an "honours" degree. The integrated core curriculum for all students includes six courses each in philosophy and theology. Students may elect a major by taking four electives in a single discipline.

The president and all permanent faculty members make the Profession of Faith, and all theology professors have a *mandatum* from the local bishop. At least 80 percent of the faculty are Catholic, as are 90 percent of the students.

Mass is offered daily in both the Ordinary and the Extraordinary Form by a priest of the Priestly Fraternity of

St. Peter, except for Sunday when students must go to a local parish. Confession is offered on weekdays, and Adoration is offered four days each week.

All student residence halls are single-sex with no opposite-sex visitation to private rooms. There are clubs and activities centered on the liberal arts and annual events including a soccer tournament and spring ball. Nearby Sydney offers a variety of opportunities.

Adventurous students will relish the opportunity to study in Australia with Campion's strong curriculum and faithful Catholic identity.

### **Noteworthy:**

Modeled after Newman Guide colleges in the U.S. but with its own Australian identity, Campion offers a unique overseas experience to American students for just a semester or a full degree. The new honours year is a good option for Americans capping off a U.S. education and preparing for graduate studies.



# Holy Angel University

## Angeles City, Philippines

Holy Angel University in Angeles City, Philippines, provides American students the opportunity to be immersed in a faithfully Catholic university in a bustling city among primarily Filipino students. The University nicely integrates the local Catholic fervency—including public prayer, processions, and presentations of the life of Christ—while offering students a serious academic formation in a wide variety of fields.

Undergraduates are required to take three theology courses and one philosophy course as a part of the University's substantial core curriculum. During the opening Mass of the Holy Spirit, the president and all Catholic faculty and staff make the Profession of Faith and Oath of Fidelity. All theologians have the *mandatum*.

Approximately 80 percent of undergraduate students are Catholic, and 82 percent of the faculty are Catholic. Holy Angel offers a wide variety of majors, with some of the most popular being engineering, accounting, and information technology. Professors are required to start and end classes in prayer. In recent years, the University has increased its online learning, so only about 40 percent of classes take place in person. If a student is planning to attend graduate school in the United States, the student should confirm that undergraduate credits from Holy Angel will transfer or be accepted, but its international accreditation makes this likely.

Most students participate in Sunday Mass and other spiritual offerings at their home parishes. On campus, Mass is offered twice each week, Confession is offered once per week, and Adoration is held once per month.

Only a very small percentage of the University's more than 8,000 undergraduates—about 50 students—live in housing on campus. The two residences halls are single-sex with no opposite-sex visitation to private rooms. There are about 100 international students enrolled in the University. Many students speak Kapampangan but also English, while classes are taught in English.

There are several organizations available for students to join, including those that foster spiritual development, scholastic interests, physical education, and health.

Given the importance of Asian countries in the global economy, as well as the very low cost of studying in the English-speaking Philippines, a semester or even a full undergraduate program at Holy Angel is appealing.

### **Noteworthy:**

The Philippines has a history of friendship with the United States and shares much in common, while offering a distinctive and rich Catholic culture. Holy Angel presents students a unique opportunity to pursue a challenging curriculum in an Asian country.



# ITI Catholic University

## Trumau, Austria

ITI Catholic University is an ecclesiastical university founded in 1996 at the request of Pope St. John Paul II for graduate theological study. Today, growing undergraduate and graduate programs offer the opportunity to study in Austria in a restored 12th-century castle.

Students can choose the one-year liberal arts *Studium Generale* track, three-year bachelor's program in liberal arts, or five-year track which culminates in a Master of Sacred Theology degree. The English-language core includes 11 theology courses and eight philosophy courses, plus literature, logic, Church history, music, and Latin.

All faculty members are Catholic and make the Profession of Faith every year, and all students are Catholic. All theology professors have a canonical mission, which is similar to the *mandatum* for pontifical faculties.

Holy Mass and the Byzantine Divine Liturgy are offered daily on campus. Mass in the Extraordinary Form is offered once each week. Confession is scheduled on Wednesdays, and Eucharistic adoration is available every day.

Students include both single and married laypeople, seminarians, priests, and religious. Campus residences are single-sex with an open-door policy during limited hours of opposite-sex visitation. Two additional buildings house families including some professors. Kitchens are provided in each residence hall, and so there are no meal plans. Students organize campus events including dances and sports competitions, and Vienna and the mountains are both nearby.

At a very low cost with availability for U.S. federal student loans, ITI Catholic University is an attractive, faithful option at the heart of Europe for Catholic students.

### **Noteworthy:**

ITI Catholic University offers the rare opportunity to earn a Vatican-authorized pontifical degree with primarily English-language instruction. The location, of course, is excellent for an American student wishing to experience Austria and the rest of Europe while receiving a faithful Catholic education with a diverse student body.



# Our Lady Seat of Wisdom College

Barry's Bay, Ontario

Our Lady Seat of Wisdom College is a bright light of faith in Canada and a very affordable option for American students seeking a faithfully Catholic, liberal arts curriculum.

The three-year Bachelor of Catholic Studies program offers concentrations in theology, philosophy, history, literature, and classical and early Christian studies. Five theology courses and five philosophy courses are part of the strong core requirements. Many students continue straight into graduate studies, but it's best to plan ahead and discover whether additional courses are needed.

The faculty and president are Catholic and make the Profession of Faith. While awaiting new *mandatum* procedures in the diocese, all theologians take an Oath of Fidelity. All students are Catholic, a good portion were homeschooled, and about 5 percent are from the U.S.

Students participate in the adjacent St. Hedwig Parish, which offers Mass daily and Adoration six days a week. On campus, students have opportunities

for prayer, Mass twice each week, and Confession three days a week.

All student residence halls are single-sex with no opposite-sex visitation to private rooms. Student clubs focus on drama, sacred music, pro-life action, and more. Annual events include formal dances, a play, and feast days. Physical activity is encouraged through weekly hockey, volleyball, soccer, and dodgeball as well as hiking, skiing, and canoeing in the surrounding lakes region.

At only three years of low tuition, Our Lady Seat of Wisdom College is one of The Newman Guide's most affordable options. The strong curriculum and faithful formation should appeal to many faithful Catholics.

#### **Noteworthy:**

This small college focuses on what is most important about Catholic education: a strong liberal arts curriculum, faith formation, and fellowship. It is a model of steadfast fidelity in contrast to the declining Catholic education in Canada. Add to this the beauty of studying in scenic Barry's Bay.



# Pontifical University of St. Thomas Aquinas

Rome, Italy

For eight centuries, the Pontifical University of St. Thomas Aquinas in Rome has been the Dominican center of theological and philosophical study with an emphasis on Thomism. Known as "the Angelicum," it has many prominent graduates including St. John Paul II, Ven. Fulton Sheen, Cardinal Marc Ouellet, and Pope Leo XIV.

Many students pursue graduate studies, but the Angelicum offers strong undergraduate degrees in theology, philosophy, social sciences, canon law, religious studies, and the social sciences, with most programs available in English. All faculty and theologians are approved by the Vatican, and theologians have the canonical mission (similar to the *mandatum*).

Most professors are Dominican priests, and nearly all professors and students are Catholic. Students come from more than 100 countries. About three-quarters are religious or in religious formation, with the remainder lay people.

Mass is offered daily in English, four days a week in Italian, and one day each week in Latin. Confession is offered daily, and Adoration is available every day of class.

The Angelicum is not a residential college like many American institutions, so students need to seek out good opportunities for formation and recreation. Student residences are not available on campus, but the Angelicum helps students find off-campus housing. Activities are limited, including occasional pilgrimages and academic conferences, and lay students often connect with students at other local universities.

With an extremely low tuition, the appeal of the Angelicum is undeniable for a student eager for a faithful Dominican education while living independently in the Eternal City.

#### **Noteworthy:**

Earning a pontifical degree from the Angelicum, especially if followed by graduate study, is a great path for anyone in theology or philosophy. American students may also consider the one-semester study abroad program through the Thomistic Institute in Washington, D.C. And Rome is a life-changing education in itself.

# **PROVISIONALLY RECOMMENDED IN THE NEWMAN GUIDE**

Provisional recognition is granted to a college that The Cardinal Newman Society affirms has standards and policies that meet Newman Guide criteria but is either a new college or the college has not yet completed CNS's periodic review. For a new college, in order to receive full recognition in The Newman Guide, a college must have been in operation for four or more years and graduated a first class. CNS will conduct another evaluation of a provisionally recognized college before granting full recognition.





# Catholic Institute of Technology

## Castel Gandolfo, Italy

The Catholic Institute of Technology opened in fall 2024 in Castel Gandolfo, Italy, and has a mission to form the next generation of "saints, scholars, and scientists." CatholicTech embraces the integration of faith and science—something hard to find in universities today that offer STEM degrees.

At CatholicTech, students can major in biomedical engineering, chemical engineering, civil engineering, mechanical engineering, electrical engineering and computer science, biology or physics. Students take four courses in Catholic theology and four courses in philosophy, amounting to a minor in theology and philosophy. The theology and philosophy requirement is reduced for students who have already earned an undergraduate degree at a Newman Guide Recommended college and are working toward a second bachelor's degree in engineering or science as a part of the "Cardinal Newman Fellowship." The Fellowship is an innovative program that allows Newman Guide graduates who are accepted into the program to participate in work-study at CatholicTech and have their tuition and room and board costs covered.

At CatholicTech, all Catholic theology and philosophy courses are taught by priests or religious. One hundred percent of students and faculty are

Catholic. All faculty and other university employees make the Profession of Faith and Oath of Fidelity.

Daily Mass is held on campus at a time when no classes are scheduled, and Adoration of the Blessed Sacrament and Confession are scheduled weekly. CatholicTech hosts annual retreats and pilgrimages for all students, taking advantage of the rich spiritual opportunities around Italy. Students also have the opportunity to experience historic events in the life of the Church, such as canonizations and papal Masses.

Student residences are single-sex with no opposite-sex visitation to private rooms. CatholicTech's building has one wing for males and one for females, with common spaces and classrooms separating the two wings.

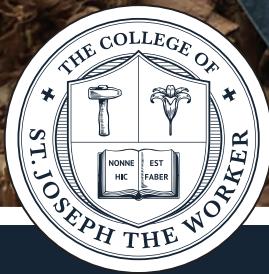
### **Noteworthy:**

With its location in Castel Gandolfo, the opportunities for Catholic students are second to none. Students live just minutes from the Vatican Observatory and the Pope's summer residence, and St. Peter's Basilica in Rome is just a 30-minute drive. For the adventurous Catholic student who would like to study and live abroad, CatholicTech is an excellent option. The Church and society will be strengthened by graduates who are faithfully Catholic engineers and scientists.

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# The College of St. Joseph the Worker

## Steubenville, OH

The College of St. Joseph the Worker opened in fall 2024 in Steubenville, Ohio, and is welcoming its second class of students in fall 2025 with a total enrollment of 63 students. The College combines the best of the Catholic intellectual tradition with training in the skilled trades.

At the College of St. Joseph the Worker, all students earn a Bachelor of Arts degree in Catholic Studies and receive training in the residential construction trades, such as carpentry, HVAC, electrical and plumbing. Students spend four years in Steubenville to earn their Bachelor of Arts in Catholic Studies while also working their apprenticeship. After another year or two of apprenticeship work, students reach Journeyman status in their selected trade.

Students take 78 credits in Catholic theology and 10 credits in philosophy. The *mandatum*, a requirement under Canon Law that theologians have the approval of the local bishop to teach the Catholic faith, is required for all theology professors. With 100 percent Catholic faculty and students, the College has already attracted students from 26 states to experience its unique offerings.

St. Peter Catholic Church in Steubenville is just a five-minute walk from the College's location, which offers daily Mass, Confession twice a week, and perpetual Adoration of the Blessed Sacrament. The College is also adding its own weekly Confession/Spiritual Direction evening to supplement these offerings.

The College has secured houses for students to reside in that are single-sex with no opposite-sex visitation to private rooms. Members of the opposite sex are only permitted in the common areas of the homes, and there are quiet hours. There is no meal plan, and so students are expected to cook their own meals.

### **Noteworthy:**

Students benefit from Steubenville's broader Catholic community. And since students are working during most of the years in college, the College is extremely affordable. For the Catholic student who wants to be prepared spiritually, intellectually and physically for their lay vocation, the College of St. Joseph the Worker is hard to beat.



# Collegium Sanctorum Angelorum

## Kansas City, MO

The Collegium Sanctorum Angelorum ("The Collegium"), a liberal arts college steeped in Catholic tradition, welcomed its first students in 2021.

All students follow the same integrated curriculum of science, math, Latin, the Trivium (grammar, rhetoric, and logic), music and art history, and the humanities, plus seven theology and six philosophy courses.

Every employee takes the Oath Against Modernism and the Oath of Fidelity. The theologian plans to request the *mandatum* from the local bishop. All faculty and students are Catholic.

Spiritual life revolves around the traditional Latin Mass at Old St. Patrick's Oratory, an apostolate of the Institute of Christ the King Sovereign Priest. Students attend Mass and sing lauds or vespers daily. Confession is available every day before Mass, and there is a Holy Hour with Adoration of the Blessed Sacrament every week.

The Collegium has no formal campus, which keeps the college flexible and low-cost. In 2025, it moved from Hagerstown, Md., to the heart of Kansas City, Mo., with classrooms, dining, study, and activity space held in the Institute's Old City Library, which is directly behind Old St. Patrick's Oratory. Men and women appropriately live across the

street from the Oratory in separate buildings: The Dial Apartments for women and The Manhattan for men. There is no opposite-sex visitation.

The Collegium is working toward accreditation and hasn't yet been recognized by the bishop.

Beginning fall 2025, The Collegium stopped charging tuition. Every student participates in The Collegium's *Ora et Labora* program in the college's auxiliary enterprises for about 10 hours each week, which helps students approach work with purpose, faith, and generosity.

For the Catholic student who loves the rich liturgical and intellectual traditions of the Church and who is eager to gain entrepreneurial work experience, The Collegium is an exciting and highly affordable option.

### **Noteworthy:**

The Collegium's curriculum and formation are well-blended, including study and practice of the Divine Office, apologetics, and sacred music. As the price of higher education escalates, The Collegium has managed to keep costs low with a student work program, flexible facilities, and support from its auxiliary enterprises.



# Rosary College

## Greenville, SC and Online

A growing Catholic community in Greenville, S.C., enjoys vibrant parishes with beautiful liturgies and faithful Catholic schools and homeschool programs. Now there's one more reason for Catholic families to love Greenville: Rosary College.

Rosary College opened in fall 2024 and welcomed its first class of 20 students. The College is dedicated to reviving the pursuit of wisdom rooted in Catholic liberal education and intellectual and moral virtues. With its Benedictine inspiration and hospitality, the College's flexible and affordable model serves a wide variety of Catholic families.

Rosary College offers an Associate of Catholic Studies degree in Integrated Humanities, which is a two-year program composed of sixty credits. Students can take classes in-person or online. Six credits in Catholic theology and six credits in philosophy are required of all students pursuing the associate's degree. Other courses include sacred art, Latin, Euclidean geometry, and more. Rosary College has varying articulation agreements with three other Newman Guide Recommended institutions, including Ave Maria University, the Catholic University of America, and the Thomas More College of Liberal Arts, where students can complete their full bachelor's degree.

All of Rosary College's faculty members are Catholic, and all make the Profession of Faith and Oath of Fidelity. The College's two theologians have the *mandatum*, and this information is helpfully made available on the College's website. The faculty members boast impressive Catholic work and include Joseph Pearce, Dr. Elizabeth L'Arrivee, Dr. Jared Staudt, and Dr. Alex Lessard.

Rosary College does not offer any student residences. Since the College is non-residential, local students are encouraged to be active with one of Greenville's parishes, and remote students with their home parishes. The Rosary College community gathers for several Masses at selected parishes throughout the year.

### **Noteworthy:**

Rosary College has strong Catholic policies governing all aspects of its operations and is poised for success. For a recent high school graduate, dual-enrolled homeschool student, or adult learner, Rosary College offers a faithful and affordable option. Catholic families in Greenville and across the country will benefit from the solid Catholic liberal arts foundation that Rosary College provides.

# GRADUATE PROGRAMS RECOMMENDED IN THE NEWMAN GUIDE

At the graduate level, the expansion of The Newman Guide is a response to an ever-pressing need. For years, Catholic families have asked The Cardinal Newman Society for guidance in choosing a Catholic graduate program. Moreover, total student enrollment in U.S. graduate programs has doubled in the last 20 years.

In the right graduate program, students can pursue an advanced education while being immersed in a truly Catholic environment. This is great news for Catholic families and for the future of the Church.

Following are the first graduate programs to become Newman Guide Recommended.





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\*\*The Board of Directors of the Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA), has granted accreditation to the Clinical Mental Health Counseling program in the School of Counseling at Divine Mercy University. The accreditation cycle for the Clinical Mental Health Counseling specialty area started on July 6, 2023 and runs through October 31, 2031.



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Master of Theological Science



**ITI Catholic University**  
Trumau, Austria

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Licentiate in Sacred Theology

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**Elisa Del Curto**

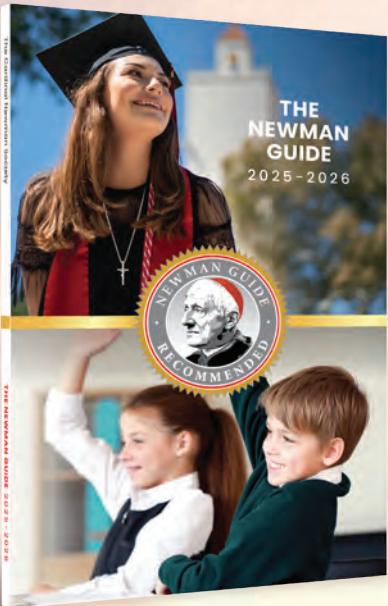
Wife and mother of 10 children  
Oakdale, CA



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