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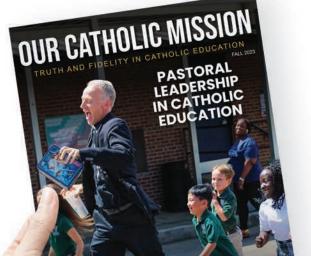
















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WINTER 2024 ISSUE

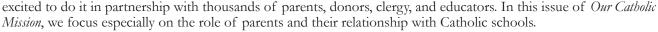
Dear friend of Catholic education,

Together, we're confronting the "educational emergency" declared by Pope Benedict XVI—and if we keep working together, we'll succeed!

Toward that end, I have some favors to ask of you.

You may know that 16 years ago, Pope Benedict warned that poorly formed young people were drowning in "doubt about the value of the human person, about the very meaning of truth and good, and ultimately about the goodness of life."

Confronting this emergency is the work of The Cardinal Newman Society, and we're



Today even more than 2007, young Catholics are confronted with disbelief and false ideology. But together we are making progress in the renewal of faithful Catholic education, and your own contributions have been enormously important!

I urge you to keep doing all you can to keep up the momentum.

- Please, if you can donate to support our important work in 2024, send a tax-deductible gift today in the enclosed envelope. We urgently need your help to launch the new year!
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- Ask for St. John Henry Newman's intercession and pray for this urgent work!

Together, we can make faithful education even stronger and attractive to more educators and families! But we need your help and donations to change the lives of thousands of young people, in addition to everything else you do to strengthen Catholic education.

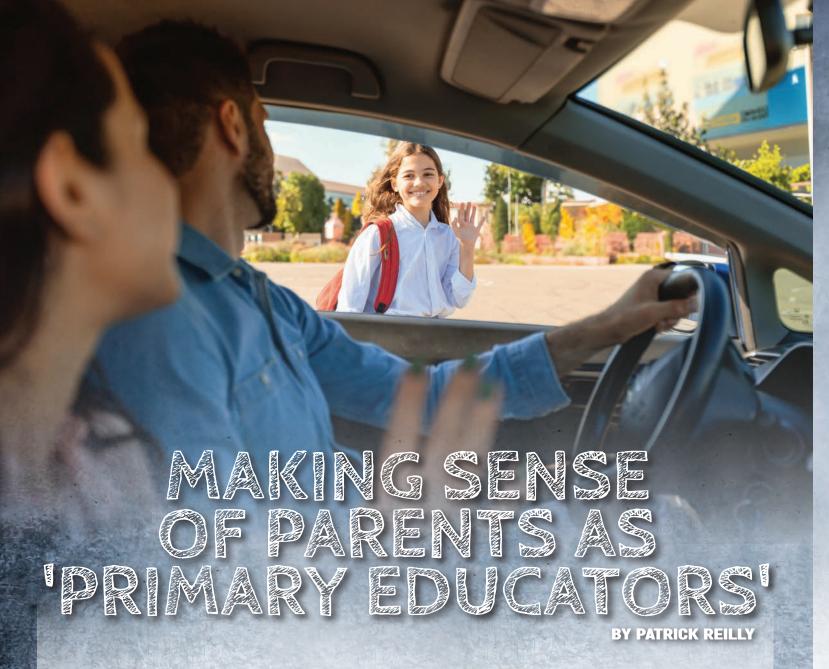
Thank you, and may God bless you!

Sincerely yours in Christ,



Patrick Reilly President and Founder The Cardinal Newman Society





educators of their children.

times ignore this fact, especially when students appear to lack solid formation and even basic care in the home. Trained to be experts in pedagogy and curriculum, teachers and college professors may not think much about what parents want and may regard even simple communications from them as interfer-

key role in the formation of their childo not receive the sacraments and deny olic education.

arents are the first and foremost Catholic teachings, while failing to form Sources of parents' role their children in the faith.

Catholic educators can some- Still, the Church is clear: "Since parents have given children their life, they are bound by the most serious obligation to educate their offspring and therefore must be recognized as the primary and principal educators" (Gravissiumum Educationis, 3).

So how does this work? Within the rapidly growing field of homeschooling, there ence and undue distrust of professionals. is no parent-school relationship—but parents still must collaborate with home-Parents, too, can forget or refuse their school curriculum providers, publishers, tutors, priests, and collaborating parents. dren, for whom they are accountable to In schools and colleges, a "parent as pri-God. Generations of parents have been mary educator" policy can be difficult to told to take a hands-off approach to navigate. Yet respecting parents' primary child-rearing. And many Catholic adults role is necessary, even essential, to Cath-

Some have misread Vatican documents to imply that a parent's role as "first" educator refers only to early, pre-school learning, and the role of primary educator must later be given over to professional teachers. But the Vatican speaks many times of the parents' role in formation throughout a child's life, and despite objections arising from our culture's insistence that an 18-year-old no longer needs parents, I think today the job continues through college.

As for whether only professionals should direct education, there's the obvious fact that, throughout much of Christian history until the last couple centuries, most parents partly or wholly handled the education of their younger children.

Parenthood, practiced rightly with due respect for the rights of the child, is a natural aspect of the vocation of marriage. It follows from the lifelong love and commitment of a man and a woman, producing offspring for whom the parents are primarily responsible in the graced bond of matrimony. If a child's guardian is not a natural parent in a loving marriage, still the guardian assumes responsibility for providing an upbringing that attempts, as much as possible, to fulfill the nature and obligations of parenthood within marriage.

Education is a key obligation of parents. Vatican documents that reference parents' primary role in education often cite the natural and divine status of the family.

Parents are the ones who must create a family atmosphere animated by love and respect for God and man... It is particularly in the Christian their early years to have a knowledge mation.

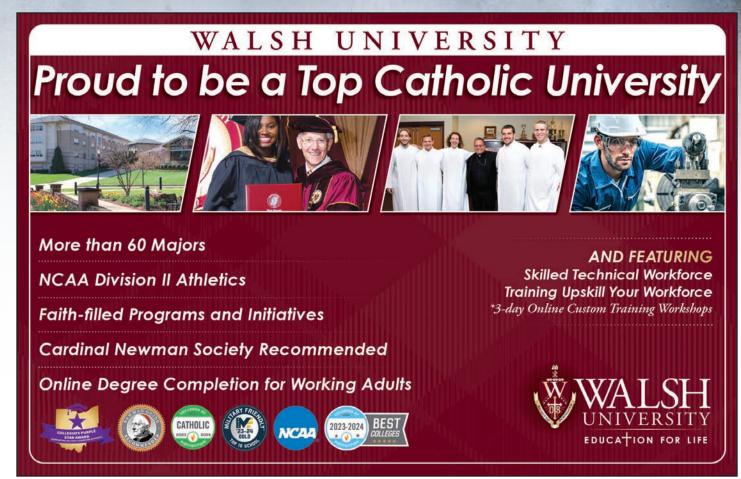
of God according to the faith received in Baptism, to worship Him, and to love their neighbor. (Gravissimum Educationis, 3)

Here it is clear that the Church's foremost concern for children is their integration into the life of the Church and their relationship with Christ. The family is vital to the moral and social formation of young people. However, does this suggest that intellectual formation belongs primarily to professionals and is not included in parents' primary role? The Vatican documents repeatedly speak of parents' primary role even when their children are enrolled in

family, enriched by the grace and of-schools—even Catholic schools—and fice of the sacrament of matrimony, so parents must be responsible for intelthat children should be taught from lectual as well as moral and social for-



We can also find a foundation for parents' educational role in the rite of Baptism. Parents affirm that they will raise their child in the Catholic faith. Many interpret this to mean catechesis only, but



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ly it is the parent's primary responsibility to ensure that a child is educated, and that includes the choice of educator. Yet so few parents today take up this responing what happens in school.

tial parent involvement with a school or education entirely.

On the all-important matter of monitoring fidelity to Church teaching and fulfillment of the mission of Catholic education, "This responsibility applies chiefly to Christian parents who confide their

some reflection. But regardless, ultimate- children to the school. Having chosen it does not relieve them of a personal duty to give their children a Christian upbringing" (Sacred Congregation for Catholic Education, The Catholic School, 73). By sibility, blindly accepting or even ignor- "utilizing the structures offered for parental involvement," parents must "make certain that the school remains faithful to Catholic educators may chafe at substan- Christian principles of education."

college's day-to-day activities. And it's Ultimately it comes down to this: parents right that Catholic schools limit such must take full responsibility for the edudirect engagement, if it interferes with cation of their children and the choice education. But parents must at least have whether to employ professionals in that the information needed to assess wheth- task—and which ones. Catholic educaer a school is serving the parent's needs tors, in service to parents, should fully and objectives for their child, so the support this role and help parents know parent can enter into dialogue with the and choose the special value of faithful school or choose to withdraw. The par- Catholic education. In all, the complete ent can also choose to take on a child's Catholic formation of the student must be paramount.

> **PATRICK REILLY** is president and founder of The Cardinal Newman Society.



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baptism begins the Christian's journey to salvation, which implies more than knowledge of the tenets and practices of the faith—as important as these are. The human gift of intellect is key to human dignity and our ability to know, love, and serve God and others. Surely the full work of Catholic education—forming the intellect integrally with one's physical and moral development, so that a young person is healthy, knowledgeable, wise, and virtuous—is entailed in Catholic formation. Therefore, it can be said that a Catholic child has a baptismal right to Catholic education from the parents.

A health analogy

St. Thomas Aquinas employs an analogy of bodily health when explaining how people learn. I think the analogy can also be applied to the question of a parent's role in education.

Consider this: aside from education, parents are responsible for ensuring a child's physical health. They do this by providing food and shelter, teaching healthy habits, and caring for illnesses and injuries. If a parent must seek the professional help of a doctor—and invariably this will be necessary in today's world—the and that's something I believe deserves

parent never considers simply handing over primary responsibility for the child's health. The doctor provides much-needed expertise, and the parent yields to that expertise to the extent necessary, but ultimately the parent must decide what is best for the child, including the choice of whether to get help for the child and which doctor should provide it.

Why is education perceived to be any different? One reason may be that schools require more waking hours with a child than even the parents have at home—

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Forming Students in Collaboration with families



t is easy for Catholic educators to love our students. Hour after hour and day after day, we forge human and spiritual bonds with them by learning, laughing, praying, and playing.

The Congregation for Catholic Education calls upon Catholic educators to provide "a community school climate that reproduces, as far as possible, the warm and intimate atmosphere of family life" (The Religious Dimension of Education in a Catholic School: Guidelines for Reflection and Renewal, 40). The Catholic school does not try to replace family; instead we benefit from its natural strength in human formation and support its educational aims. We understand that "an integration of school and home is an essential condition for the birth and development of all of the potential which these children manifest," including their openness to religion with all that this implies.

There is great benefit, then, for Catholic educators to focus on the family's unique role in education and evangelization and to explore how we can best assist them, Most of Catholic school parents are now so they might better fulfill that role in relation to their children, the Church, and society. In so doing, we are faithful to our own mission. "Catholic schools consider essential to their mission the service of permanent formation offered to families" (Congregation for Catholic Education, The Catholic School, 48).

Responsibilities of the family

It is important that Catholic educators understand and make better understood the role of the family. Vatican II's document on education, Gravissimum Educationis, is a good place to start:

Parents are the ones who must create a family atmosphere animated by love and respect for God and man, in which the well-rounded personal and social education of children is fostered. Hence the family is the first school of the social virtues that every society needs... It is particularly in the Christian family, enriched by the grace and the office of the sacrament of Matrimony, that from the earliest years children should be taught, worship Him and to love their neighbor.

the family in the modern world, Familiaris cent think abortion should be legal in all Consortio. He draws attention to the truth declared by Vatican II that the family is "the first and vital cell of society." It is, he writes, "a community of life and love" which "has the mission to guard, reveal and communicate love, and this is a living reflection of and a real sharing in God's love for humanity and the love of Christ the Lord for the Church His bride." He identifies four general tasks of the family:

- 1) forming a community of persons,
- 2) serving life,
- 3) participating in the development of society, and
- 4) sharing in the life and mission of the Church.

It is the duty of Catholic educators to support this mission, particularly through partnering in the formation of the young, but also in empowering the family toward these broader ends.

Challenges facing our families

Millennials (born 1981-1996). Millennials are more interested in being involved in their kids' lives than the prior generation, so we can be bolder in engaging with them in their children's education. However, we must also appreciate that more of them are single parents (33 percent), live in dual-income households (60 percent), and are stressed and tired most of the time (29 percent) ("Millennial Moms A first step for Catholic schools is to and Dads are Striving to Parent Differently Than Boomers," Salon, Jan. 26, 2023).

in January 2023, mental health tops the ing likely their own parents. list of parental concerns about their children's well-being. Four out of ten par- Additionally, the Catholic school at some ents are extremely worried about their children struggling with anxiety or mental depression, and 36 percent are some- active Catholics into the fullness of life what worried. More than a third (35 per- as faithful Catholics. It is very importcent) are extremely worried about their ant for a staff member, or preferably a children being bullied, and 39 percent are somewhat worried.

Catholic Millennials, 84 percent say religion is important or somewhat importaccording to the faith received in Bap- ant to them, and 65 percent pray daily tism, to have a knowledge of God, to or weekly. These are workable numbers. But only 26 percent go to Mass weekly; For example, a new pastor at a faithful 80 percent do not believe there are clear Catholic school recently asked to meet St. John Paul II develops this under- standards of right and wrong, 75 percent individually with each of the 310 students standing in his apostolic exhortation to favor same-sex "marriage," and 52 per- for discussion or confession. As a result,

or most cases. So we have our work cut out for us on these points.

Currently, 64 percent of Americans identify as Christian, and Christians are predicted to be a minority by 2070, which is when our current grade school students will be raising their own children. So there are even more challenging times ahead, but also opportunities for which our students and their future families must be prepared.

Reaching out to parents

In regard to our current parents, we need to draw upon their generally positive outlook on religion, encourage them to better understand their vocation as families, and get them back to Mass and a coherent moral program. In this way our students, their own children, will themselves be better equipped to survive and evangelize as religious minorities in a post-Christian, post-truth world.

Primarily this will occur for parents through deepening their encounter with the living God, who in Jesus Christ reveals his transforming love and truth. While the Holy Spirit will be the protagonist and helper in this dynamic, Catholic educators should do all they can to help. And one of our greatest assets is drawing on children as points of parent evangelization.

fulfill their duty of faithful and dynamic evangelization of the children entrusted to them. When they become fully alive According to a Pew Research Center poll disciples, they will attract others, includ-

point must actually and specifically invite students who are not baptized or are not priest connected to the school, to actually inquire and make the ask at some point. Families may have identified as Catholic Pew Research also finds that, among our or Christian to get into the school, but it is possible some students from Catholic families may not have actually been baptized or non-Catholic students may now be convicted of the truths of the faith.

three students and eventually their parents sought baptism or full communion with the Church. The principal had been unaware that the children and families were hungry for the sacraments, but all the priest had to do was ask and follow up with RCIA.

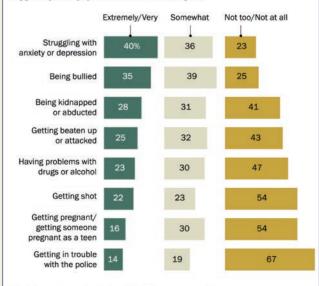
Parent formation is another area for mission growth at a Catholic school. This can be challenging given the busyness of so many families. One strategy is to create mandatory formation nights for new parents, and then also offer ongoing formation nights for all parents every year (hopefully the new parents will continue). See Community and Culture Nights at https://donahueacademy. org/community/community-culture/ for an example of this.

This will take an investment of time and money, but volunteers

give away school bling or door prizes; your best teachers and students in brief

Mental health tops the list of parental concerns

% of parents saying they are ____ worried about each of the following happening to any of their children at some point



Note: Share of respondents who didn't offer an answer not shown Source: Survey of U.S. parents conducted Sept. 20-Oct. 2, 2022.

PEW RESEARCH CENTER

and donors will likely step forward. For have name tags; have live music from stunew families, make these formation nights dents or community members; have three not just mandatory but also delightful. meetings in the first year to dynamically Provide free childcare; start with a wine explain your mission; have parent, stuand cheese affair, tastefully appointed; dent, and teacher testimonials; show off

presentations; keep the evening to 90 minutes maximum; take attendance; and tape the event and have those who did not make it watch the podcast. The idea is to make sure the new parents know the Catholic mission, start integrating into the school culture, and invest in it.

For ongoing formation nights for all parents, keep the same kind of fancy "date-night" experience with good food, music, drink, and childcare, but broaden the topics to address ongoing areas of parent and family formation. These gatherings could be at school, a local nice venue, or even at parents' houses. Topics might include: social media and your child, cultivating authentic friendship, freedom and your child, Theology of the Body and courtship, virtue, and helping your child take up their cross. OCM

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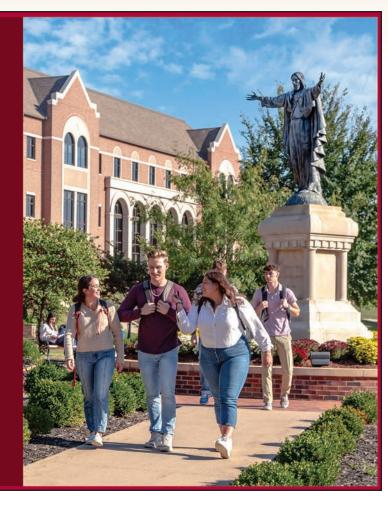
Benedictine College is modeling community in an age of incivility, spreading faith in an age of hopelessness, and committing to scholarship in a "post-truth" era! Here's a peek at the plan:

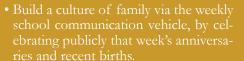
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- Extend respect for traditional family values.

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other ideas:

- Invite parents to all school Masses and To prepare for the quiz, have your
- the school year at school with the exparish church once each semester, and themselves as well).

- Have the parents sign off on each and accuracy.
- movie at home with a religious theme,
- voluntary pledge groups whereby they

- such as the "Postman Pledge" by Front
- Ensure all families have access to resources like the Formed network.
- Rich access through a kiosk in school Building the Domestic Church Series."

students and their families.

PARENTS' ROLE IN TEACHING HUMAN SEXUALITY

BY DENISE DONOHUE

cardinalnewmansociety.org · Winter 2024

SCHOOL LEADERS HAVE PRIMARY RESPONSIBILITY TO OVERSEE INSTRUCTION IN A CATHOLIC SCHOOL. WHILE STRIVING TO SERVE AND COOPERATE WITH PARENTS. BUT SCHOOLS SHOULD ALWAYS DEFER TO THE FAMILY ON TEACHING HUMAN SEXUALITY.

Education, in the first place, is the Parental right duty of the family, which 'is the plish the obligation of securing a family has an affective dignity which is suited to making acceptable without trauma the most delicate realities and to integrating them harmoniously in a balanced and rich personality. (Educational Guidance in Human Love, 48)

According to Church documents, human sexuality includes all the delicate and sensitive topics involved in how a person lives out their sexuality in the world, and the best place for securing this education is within the family.

ognizing this preference and the parents' gradual education in sexual life. The right to refuse their child's attendance in sex education classes. They assume that Anything that discusses human reproducsince parents have placed their children tive physiology constitutes human sexualin the school, the parents have agreed to ity, even when presented within Church all the curriculum presented. But parents teaching. Parents need to provide consent, have the first right to teach human sexuand most of them do gratefully if they are ality to their children or, if they delegate unsure how to approach this topic with this education to the school, to know their children from a Catholic perspective. when and what is being taught.

In this regard, the Church affirms the of charity and helps fortify the family

law of subsidiarity, which the school is bound to observe when it cooperates in school of richest humanity.' It is, in Many teachers and administrators are sex education, by entering into the same fact, the best environment to accom- unaware of the Church's teaching rec- spirit that animates the parents. (Familiaris Consortio, 37)

Regardless of parents' choices to opt in Sex education, which is a basic right or out, teachers can take this opportuniand duty of parents, must always be ty to speak with parents about how the carried out under their attentive guid- Church presents human sexuality within ance, whether at home or in educational a Christian anthropological framework centers chosen and controlled by them. and moral grounding. Doing so is an act

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against false teachings and errant ideologies abounding in society.

The Church sees her instruction in human love as part of the integral formation of the student and advises multiple ways for its presentation. Bishops and pastors of schools decide whether human sexuality programs are offered. Schools incorporating these programs sometimes offer parent classes in tandem with student coursework. Schools not incorporating a sexuality program might offer families curated materials to use with children at home. Schools that include classes on human sexuality maintain student modesty by separating boys and girls during discussions of reproductive physiology.

Teachers for these classes should be chosen for their affective maturity and their own peaceful integration of sexuality. These teachers must have a positive and constructive concept of life and "suitable and serious psycho-pedagogic training." Teachers should work with parents, students, and other professionals if more severe issues needing psychological assistance is required. Parents, as primary eduout of this communication at any time.

Four principles

In keeping with the guidance from on human sexuality:

1. Teach courses in human sexuality was redeemed through the life, death, and within a clear and convincing Christian anthropology. It's important to situate a discussion about sexuality within God's design for humanity and the beauty of the human race. Leverage the fact that this type of discussion often begins in the home, where children witness the birth of a sibling and their parents give

Teachers can instruct students in how God gives each of us talents that make us human person as a body/soul unity. The of tranquility and serenity" (78).



FOUR PRINCIPLES

- 1. TEACH WITH A CHRISTIAN ANTHROPOLOGY
- 2. TEACH FROM A CATHOLIC WORLDVIEW
- 3. TEACH USING AGE-APPROPRIATE MATERIALS
- 4. TEACH IN COLLABORATION WITH PARENTS

Standards for Christian Anthropology, co-aution, teachers are ever mindful of a child's thored by The Cardinal Newman Society corporated beginning in kindergarten to sion of human reproduction within an already laid Christian foundation.

ples to assist educators teaching courses a Catholic worldview and moral perspective. Humanity, created in original unity with God, lost its way through sin and resurrection of Jesus. He guides us on the path to eternal life through His teaching and the Sacraments. Teachers should teach virtue and the avoidance of vice. the understanding of sacrifice, and supplication to God's grace in tandem with any presentation of human sexuality.

thanks to God for the gift of a new life. 3. Ensure that program and materials on human sexuality are at the child's appropriate intellectual, moral, emotional, physical, and spiritual level. While an unique and how humanity has a special understanding of one's sexuality begins from Church teachings, see The Cardirelationship with God, far greater than when children are young, education in nal Newman Society's Policy Standards that of the animals. They can teach that the mechanics of sexuality (or the miswe are made for communion and possess appropriation on one's sexuality) should dignity simply through our humanity. not be taught until after the "years of St. John Paul II's Theology of the Body is a innocence" when the child reaches pugood resource for teachers to learn more berty. St. John Paul II, in Familiaris Conabout the richness and complexity of the sortio, calls these early years the "period

This presentation is drastically different from what we see happening in public education, where young children are confronted even 'introduced to' — drag queens and questioned as to whether they feel like a boy or a girl. In Catholic educa-

sensibilities, introducing discussion of the cators of their children, are not to be left and Ruah Woods Press, can also be in- beauty of the human body in a manner of "sacramentality" - as an outward sign of properly situate any succeeding discus- an inner spirit, a body/soul unity. Avoid materials that could lead students to an unhealthy curiosity about sexual behavior.

Church documents, here are four princi- 2. Teach courses in human sexuality from 4. Teach in collaboration with parents. Remember that parents are the first educators in this area. Assisting and working with them will have a positive and lasting influence on the sexual integrity and maturation of youth.

> Key Church documents on this topic include The Truth and Meaning of Human Sexuality (Pontifical Council for the Family, 1995), Educational Guidance in Human Love (Sacred Congregation for Catholic Education, 1983), and Catechetical Formation in Chaste Living (U.S. Conference of Catholic Bishops, 2008).

> For Catholic school standards derived on Sexuality Programs in Catholic Education and Policy Standards on Human Sexuality in Catholic Education at our website.

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Catholic educational renewal in America, so much the work of faithful teachers and school leaders, is no less made possible by the devoted men and women who sacrifice for a better future for their children and grandchildren. Change had to begin at the fundamental level, that is, within society's smallest institution—the family. "The highest good does not seek outside helps," Seneca said, "it is found within the home."

And while parents have been necessary to the renewal of Catholic schools and colleges, their heroic deeds are especially fruitful in the growing realm of home

education. It is becoming noticed by the mainstream, with some studies claiming more than four million students are being homeschooled in the U.S (circa 5.4 percent of all school-age children). To put this into perspective, in the spring of 1999 the year I was crowned valedictorian of my homeschool class of onethere were an estimated eight-hundred thousand homeschoolers. Since then we have more than quadrupled, and even before the Covid year of 2020, the trend had only been vertical.

The question now is, how can Catholic dioceses, parishes, and educators help support this growing demographic of homeschooling families? It

petition to the already declining parochial schools. But the same conviction that compels the Church to support Catholic schools and colleges should motivate support for families providing faithful Catholic formation in their homes.

I have had good experiences with various like-minded institutions in my area while educating my own children at home. My kids play sports and participate in ac- I realize that not everyone has access tivities at a local private school, where I to such like-minded, homeschoolalso coach one of the teams. Magdalen ing-friendly institutions. More faithful College of the Liberal Arts, a Newman Catholic educational institutions should Guide-recognized college where I teach reach out to homeschoolers in their arpart-time, allows us to use their facili- eas and invite them to collaborate toward

he bourgeoning success of might seem that homeschooling is com- ice-skating rink, whenever we want. The students at Magdalen, many of them graduates of homeschooling themselves, have embraced my children like siblings of their own. The fall and spring "Coffee House" nights at Magdalen are perhaps my kids' favorite events of the year—when they can perform music in front of and with a supportive group of students from across the country.

ties, including their gym and outdoor the ultimate goal, the salvation of souls.



transcends another can only be intro- one crucial need—validation of home duced into it under the form of some- education. Already admissions departmight be a simple invitation to homes- are generally welcoming to homeschool A music recital, an art exhibit, or a play they already mastered in high school. is a good place to start. Homeschoolers and with gratitude.

homeschoolers is to invite them to play are quite a few homeschooling groups in other subjects as well. with enough students to form a team of

display their talents, aside from Facetim- one student in my college classes who they take such opportunities seriously homeschooled students who have masdiploma. At least in the subject I teach, sports at your school. Although regula- Latin, it should be pretty straightforward tions for this vary from state to state, it to validate proficiency and establish a olic Tim Tebow has yet to emerge, but work that was done in the home. And all signs indicate that there will be an in- I am familiar with the requirements of creasing number of quality athletes who certain homeschool programs that go are homeschooled. Additionally, there beyond what is required at some colleges

their own; consider opening your facili- To be sure, not all homeschoolers have ties to let them practice and host games. mastered college-level subjects, but for

Simone Weil said, "Every order which Newman Guide colleges can provide those who have, why should there not be a way to receive credit for some subjects from the college he or she chooses to atthing infinitely small." The first step ments in many Newman Guide colleges tend? Sure, it may take some extra flexibility on the part of colleges, but flexichoolers (individually or as a group) to applicants. But it is unfortunate when bility is fundamental to homeschooling showcase an event at your institution. students have to repeat in college what and would be a gesture of tremendous support for homeschooling families.

would appreciate a real destination to Each new academic year, there is at least To complete the renewal of Catholic education in America, it will take an even ing the grandparents. In my experience, does not really belong there. These are greater pooling of assets toward a joint mission of educational renewal. I invite tered certain subjects in high school, and all faithfully Catholic educators to colyet they are required to repeat them in laborate with and support this genera-Another obvious means for supporting order to earn credits toward their college tion of homeschoolers. Any growth in Catholic education is going to result in strong Catholic families and greater interest in both new and traditional methmay be worth looking into. The Cath- means of granting college credit for ods of education. We are just beginning the era of widespread homeschooling, and the future is bright!

JORDAN ALMANZAR is the director of public and alumni relations at Kolbe Academy, an online Catholic classical education for grades K-12 in New Hampshire. He also teaches Greek and Latin at the college level.







on "The 25 Colleges Best Preparing Students to Know, Love and Serve God in this Life, and Be Happy with Him in The Next."

Indeed, Catholic families are finding and appreciating the Newman Guide difference. While total college enrollment in the U.S. has declined 14 percent since 2012, Newman Guide college enrollment increased more than 10 percent in the same period.



"changed my life," operations at Word me life-long friend-

grateful."

I have done and do at Word on Fire," he the good life you desire and become who Between 1st and 8th grade, students says. "Being able to think critically about you were made to be." ideas and issues has been very important in my work. ... Many of our staff mem- Still another Newman Guide graduate bers come from Newman schools, and we're very blessed to have them. They are well-educated and very motivated by the missionary work of Word on Fire. We need more of them!"

A graduate of a Newman Guide college college as a stuwho now serves as a teacher and mis- dent for one reasionary in Africa says there's "no better son, namely, to option" than faithful Catholic colleges play for "being formed as a whole person for says Dr. Andrew happiness and flourishing."



'Any college can provide job training, Atchison, Kan. He but Newman Guide colleges are looking at students as a perneeded to work in

says Hannah Graves.



Another graduate of a Newman Guide College, Sister Mariae Agnus Dei of the Sisters of Life, agrees that faithful Catholic education is key to the "good life."

"Choosing a Catholic college was a poignant moment of grace for me. I watched older siblings go Attending a New- off to secular colleges and return to the man Guide college home emptied of their faith, and with that, the hope and peace of a life lived says Sean Lee, se- with Christ. I knew I wanted something school explained how the Catholic faith nior director of different. God did too," she explained.

Ministries. "It gave say is you will never regret choosing a place that is invested in forming, supships. It provided porting and flourishing every dimension me with a strong of your life — mind, body, heart and my relationship with Christ. I'm forever which you immerse yourself, will inevitalife. In choosing an authentically Catho- on campus. "[It] has been a bedrock for so much that lic college, you will be on course to live

> found deeper happiness than he was originally looking for by attending a faithful Catholic college.

"I came to [my Newman Guide football," Swafford, theology professor at Benedictine College in



recalls that a theology class "singlehandedly changed my life. I thought it would be about 'rules' of the Church and the son created in the Bible; I couldn't have been more wrong. image of God—so It was about freedom, friendship, virtue, ves, providing the happiness—all of sudden I could see skills and education why I wasn't happy."

this life, but also to "That set me on the journey I'm on tobe happy, both in this life and the next," day," he says. "In fact, I now teach the same class that changed my life so many years ago—Christian Moral Life!"

Differentiating Catholic education

At the K-12 level, Catholic schools have been closing for 60 years, due to a continuous decline in enrollment from 5.2 million students in Catholic elementary and secondary schools in 1960 to about 1.6 million today. But some Catholic schools are thriving, even in a tough environment.

St. Elizabeth Ann Seton School in Keller, Tex., which is recommended in The Newman Guide, was founded in 2000 with 146 elementary students and now boasts nearly 600. What's the secret to its success? One religion teacher at the "permeates everything" the school does.

on Fire Catholic "To those discerning colleges, all I can At St. Elizabeth Ann Seton, the faith is integrated into all subject areas by a faculty that is 94 percent Catholic, and the curriculum includes classical literature, recitation of poems and songs, writfoundation for my future work. And it soul. ... The years you spend at college, ing and rhetoric, music theory, outdoor allowed me to encounter and deepen the people you encounter, the culture in learning, Latin, and so much more. Students attend Mass weekly, and Adorably lay a foundation for the rest of your tion is offered several times each week

> spend the first ten minutes of every religion class reading select passages from the Bible, which results in having read most of the key passages of Bible by end of their time at St. Elizabeth Ann Seton. They also spend ten minutes at the beginning of every religion class memorizing from the Baltimore Catechism.

> One of the fifth and sixth students' favorite activities is the "fascinating faith fact Fridays." Students drop questions in a box throughout the week, the teacher prepares answers, and then presents those answers each Friday.

From PreK through third grade, students also experience Catechesis of the Good Shepherd, which is a Montessori-type approach that helps Catholic devotions become personal and taken to the heart of children. Appealing to both the intellect and the heart of Catholic students, the "lessons are truly meant for contemplation."

KELLY SALOMON is vice president of Newman Guide programs at The Cardinal Newman Society. ksalomon@cardinalnewmansociety.org



We have told our kids they can choose from the list of faithful colleges for undergraduate studies. We have never expected these faithful colleges on the list to be perfect, nothing can be.

But what we have found in The Newman Guide has been beyond helpful in aiding our children in their quest for Truth.

Their lives are much richer, relationships deeper, and they seem more spiritual than we could have imagined.

Elisa Del Curto

Wife and mother of 10 children Oakdale, CA



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